The Junior Forum of the EAPC Research Network would like to meet young Researchers in Palliative Care at the EAPC congress in Lisbon 2011

The EAPC JF is a platform for education, communication and collaboration among researchers early in their palliative care research career.

We have a session dedicated to junior researchers on Friday 20 May, 10:15 - 10:45 in Auditorium III at the Lisbon Congress Center.

Find us on Facebook and on www.groupspaces.com/EAPCJunior-Forum/

Please visit our stand at the Congress and talk to the EAPC RN JF committee members:

- Sophy Gretton (chair)
- Jason Boland (co-chair)
- Elaine Cachia (secretary)
- Guro Stene (co-secretary)
- Tom Middlemiss (membership officer)

We look forward to seeing you at the EAPC Congress in Lisbon!
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Dear congress participant,

Welcome to Lisbon 2011!

As I write this introduction, news reports from Japan are coming through, telling us about the earthquake and tsunami, and now, too, the threat of nuclear disaster. It is hard to witness the suffering of those who have lost their loved ones, their homes and all their possessions. Our hearts and minds reach out to our colleagues in Japan whom we know from conferences and collaborations. Help and support is needed for those whose suffering is felt acutely in Japan after these catastrophes. However, our job as providers of palliative care is somewhat different: we have to relieve the chronic suffering that goes with life-threatening illnesses, and provide continuous care for patients and caregivers. This ongoing suffering may be less visible than the devastating events depicted in the news, but patients and families need help and support as well.

To provide optimal care for all terminally ill patients, we need to develop and implement palliative care; this requires research and education. In correspondence with this requirement, the EAPC has recently reformulated its mission statement; it now reads, ‘The EAPC brings together many voices to forge a vision of excellence in palliative care that meets the needs of patients and their families’.

The EAPC congresses are a major instrument in helping to achieve this goal. They are acknowledged as platforms for the exchange of new information, the discussion of new research results, and the provision of up-to-date education and training. We are looking forward to an exciting congress in Lisbon, meeting colleagues from all over Europe, and from other regions of the world.

We have come a long way since the initiation of modern palliative care by Dame Cicely Saunders in 1967 at St Christopher’s Hospice. In some countries, the provision of palliative care is approaching full coverage of the population, and many countries are directing their efforts into integrating palliative care into the healthcare system. However, different countries use different services and models of organization, and striking the balance between palliative care as a specialist field, and as a public health approach, seems to have proved challenging.

We should also realise that palliative care is not established in all of Europe, and we have to reach out to those countries that have not advanced as far in this journey. The EAPC provides expert information and guidance on a wide range of palliative care topics, from symptom treatment to organisation of care. The EAPC White Paper on standards and norms may be used as a model to develop national strategies or guidelines.

However, the exchange of information and experience is never a one-way street. The pace of development in some countries has been quite astonishing, and I have found more than once that I have learnt much from the new and speedy advancements in these places. Following the political changes of the last few decades – which have opened opportunities for palliative care pioneers in these countries – profound changes have been made to the healthcare systems of some eastern European countries. This has had the result that major advancements, such as legislative changes and implementation of national strategies, have been achieved. The recent report on palliative care to the Parliamentary Assembly of the Council of Europe1 has identified centres of excellence in Poland, Russia, Hungary and Romania that set examples for western as well as central and eastern Europe. As palliative care is developed in more and more European countries, we want to reach out to all new national associations and invite them to join the EAPC as collective members, so that...
they might benefit from the exchange of ideas with other members and participate in the development of a European palliative care culture. The Lisbon Congress will offer an overview of the work of the EAPC and its members and the opportunities they have created.

In addition to the collaboration between various European countries, the EAPC also wants to reach out to other continents. In particular, it would like to offer the opportunity of collaboration to countries across the Mediterranean, northern Africa and the Middle East. The Congress programme includes contributions from the aforementioned countries as a first step towards this collaboration. This is done in close liaison with the African Palliative Care Association.

The Portuguese language spoken by our hosts in Lisbon also facilitates a link across the Atlantic to Brazil. Close links exist between Latin American and Portuguese palliative care professionals, and this is mirrored by the Congress programme – for example, there is a joint workshop in the Portuguese language.

Reaching out to these colleagues and collaborators working in different cultures and settings, we expect rich discussions and an abundant exchange of ideas. The congress programme encompasses a wide range of topics, covering all areas of palliative care. Plenary lectures are on pain management, spiritual care and the philosophy of palliative care, but the public health approach is also covered, along with palliative care as a task for society. Other plenaries include examples from Romania and South Africa, as well as an international perspective on palliative care in Europe. There is a rich selection of symposia to cater for all tastes and needs, including smaller sessions in the morning to meet experts for direct discussions – not to forget the oral presentations and the poster exhibition area, where so many of the participants contribute their personal research results and experiences.

One of the highlights will be a report from the pioneer days of palliative care, delivered by the winner of the Floriani Award, Mary Baines. This will close the circle from palliative care in its first inception to today’s state-of-the-art services. I hope that it will also allow us to reach out towards tomorrow’s palliative care as an integral part of healthcare for every patient who needs it!

Prof. Lukas Radbruch
Chair of the Scientific Committee, President of the EAPC
Bonn, May 2011

Acknowledgements:
I want to thank the members of the scientific committee, the advisory board and the organizing committee as well as the reviewers for their contribution and commitment, as the congress would not have been possible without their help. Special thanks belong to Heidi Blumhuber and Amelia Giordano in the EAPC Headoffice in Milano, and I am sincerely grateful to the congress officer Farina Hodiamont, who kept together all the strings and wove them into a congress.

Palliative care reaching out
Dear Colleagues, Dear Friends,

It is with huge pleasure that we welcome you to this 12th Congress of the European Association for Palliative Care and to our city of Lisbon.

It is for us an honor and a privilege to host this congress. We look forward to meet so many colleagues from all over Europe and from other continents, among them the most renowned experts in palliative care from all over the world. We enthusiastically look forward to present to you a high quality congress, offering cross-cutting themes which will provide areas of interest for every participant.

The motto of this EAPC congress is “Reaching Out”, and this meets with our aspiration to do our best, to build bridges towards our colleagues, to go that extra mile, just like the Portuguese sailors did in the XV century. “Reaching out” also serves as an appeal to every participant to be active in the manifold sessions of the programme. The result of the congress will be what we all make of it, with lectures, posters, free communications and discussions. We hope that you will take this chance to bond with colleagues of other cultures and nationalities, and to strengthen your commitment for Palliative Care.

Our city, one of ancient and strong cultural, gastronomic and artistic traditions, welcomes you with kindness and hospitality, offering countless opportunities for leisure and also offering its incomparable beauty and light. We hope your stay will be a memorable one.

We would like to thank the European Association of Palliative Care for their trust and support, particularly the President Lukas Radbruch. We would also like to say a big “thank you” to the EAPC team, the Ad Médic team, the members of the scientific and the organizing committees, the speakers, and all those others who made this event possible. We were happy to be part of such a large team.

Hopefully this congress will provide for many, if not for every participants a turning point toward better palliative care. We should not forget that the patients are the main reason for this EAPC congress, and what we do should result in more and better palliative care for them. In addition, let us spend some quality time together, and translate this into cheerful and intense memories that will persist in all our memories! Welcome!

GREETING FROM THE ORGANISING COMMITTEE

Dra. Isabel Galriça Neto
Chair of the Organising Committee, President of the APCP

Enfº. Manuel Luís Capelas
Co-Chair of the Organising Committee
### SCIENTIFIC COMMITTEE

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**Scientific Coordinator**

Farina Hodiamont Germany

### ORGANISING COMMITTEE

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### EAPC HEAD OFFICE

**Executive Officer**

Heidi Blumhuber

**Deputy Officer**

Amelia Giordano
# ADVISORY BOARD

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CONTACT INFORMATION

SCIENTIFIC COMMITTEE
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amelia.giordano@istitutoumori.mi.it  
Web: www.eapcnet.org
### GENERAL INFORMATION

**CONGRESS VENUE**
Lisbon Congress Center  
Praça das Indústrias  
1300-307 Lisbon, Portugal

**CONGRESS LANGUAGE**
English

**OPENING HOURS OF THE REGISTRATION DESK**
- Wednesday, 18th May 2011 from 08:30 am - 20:15 pm
- Thursday, 19th May 2011 from 07:30 am - 18:00 pm
- Friday, 20th May 2011 from 07:30 am - 18:00 pm
- Saturday, 21st May 2011 from 08:00 am - 12:30 pm

**OPENING HOURS OF THE EXHIBITION AREA**
- Thursday, 19th May 2011 from 08:00 am - 06:00 pm
- Friday, 20th May 2011 from 08:00 am - 06:00 pm
- Saturday, 21st May 2011 from 08:00 am - 12:30 pm (closing ceremony)

**CERTIFICATION**
The congress has been certified with 25 category 1 ESMO Mora points.  
The 12th EAPC congress is an ESMO supported meeting

**EUCCMA**
To be announced
For any questions about programme, media accreditation and guidelines, press releases, press briefings, etc. media representatives are invited to contact:

<table>
<thead>
<tr>
<th>Name</th>
<th>Email/Phone</th>
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<tbody>
<tr>
<td>Lukas Radbruch</td>
<td><a href="mailto:lukas.radbruch@ukb.uni-bonn.de">lukas.radbruch@ukb.uni-bonn.de</a></td>
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<tr>
<td>Isabel Galriça Neto</td>
<td>00351966023504</td>
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<tr>
<td>Manuel Luis Capelas</td>
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<td>Miguel Tavares</td>
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Media representatives can register free of charge upon presentation of a valid press identity card or official letter of assignment.

**INTERNATIONAL PRESS CONFERENCE**

We kindly invite you to join us at the International Press Conference:

**Conference Room:** 1.15  
**Date:** Wednesday, May 18th 2011  
**Time:** 16:30-17:00 pm  
**Speakers:** Lukas Radbruch, President of the EAPC  
              Sheila Payne, Incoming President of the EAPC  
              Isabel Galriça Neto, President of the APCP  
              Ana Jorge, Portuguese Health Minister (to be confirmed)
O FUTURO DA SUA TESOURARIA JÁ CHEGOU
ONLINE, INTEGRADO E GRATUITO

O Santander Totta é o primeiro Banco a oferecer-lhe o Gestor de Pagamentos e Cobranças (GPC): uma plataforma online, disponibilizada de forma gratuita e totalmente segura no NetBanco Empresas, que lhe permite optimizar eficazmente a gestão de tesouraria da sua Empresa.

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SCIENTIFIC PROGRAMME OVERVIEW

PROGRAMME LEGEND

IS: Industry Symposium  I  FC: Free Communication  I  PD: Poster Discussion
## SCIENTIFIC PROGRAMME OVERVIEW

**WEDNESDAY | MAY | 18th | 2011**

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**WS 1**
Ethics at the End of Life

**WS 2**
Volunteers in Palliative Care

**WS 3**
Provision of Palliative Care in Long-Term Care Settings for Older People

**WS 4**
Palliative Care Development in Africa

**WS 5**
Assessment of Family Carers Needs

**WS 6**
Integration of Medical Discipline Such as Oncology and Specialist Palliative Care

**WS 7**
Physiotherapy in Palliative Care

**WS 8**
PRISMA’s outcome measurement workshop

**17:30 - 19:00**
Opening Ceremony

**19:00 - 20:15**
Welcome Reception and Get-Together
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<th>Time</th>
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**ME 5** - How to Get Informed About PC: Needs Assessment in Central and Eastern Europe

**ME 6** - Supporting Family Carers

**ME 7** - Palliative Care Education at Medical Universities Experiences from the UK and Germany

**ME 4** - Measures for Improved Access to Opioid Medication in Europe

**PS 5** - Palliative Care in the Community

**PS 4** - Patients’ Priorities and Preferences

**IS 1** - The Scope of Breakthrough Cancer Pain in Clinical Practice (sponsored by Cephalon)

**FC 1** - Assessment & Measurement Tools

**FC 2** - Psychology & Communication

**PS 7** - Palliative Care for Hard to Reach Populations

**FC 6** - Pain

**PS 9** - Challenges in Pediatric Palliative Care

**PS 8** - Developing Guidelines - A session on EU Projects

**FC 7** - Family & Care Givers

Coffee Break / Visit of the Exhibition Area / Poster Visit

Lunch Break / Visit of the Exhibition Area / Poster Visit

Coffee Break / Visit of the Exhibition Area / Poster Visit

Free evening for the industry
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**ROOM 1.02**

10.30 - 12.30  
Pediatrics in PC  
closed Taskforce Meeting

12.45 - 14.15  
Closed meeting for  
MORECARE/PRISMA/EAPC  
outcome measurement  
taskforce

16.00 - 18.00  
Closed meeting for WP6 expert  
meeting and the EAPC long-term  
care facilities taskforce  
(Part 1-2)

**ROOM 1.03**

11.00 - 12.30  
Closed meeting  
of EAPC Taskforce  
on outcome measurement

12.45 - 13.45  
Closed Taskforce Meeting  
Physiotherapy in Palliative Care

17.00 - 18.00  
Closed Steering Group meeting  
for SDO Transitions

Free evening for the industry
08.00 - 08.45
Open Meeting: Research nurses/assistants in palliative care

10.00-15.00
Election of the EAPC Board

12.45 - 13.30
Open Meeting: Psychologists in PC Taskforce

13.30 - 14.15
Closed Psychologists TF-meeting
Physiotherapy in Palliative Care

11.00 - 12.30
IMPACT: Open Meeting

12.30 - 14.00
OPCARE Closed Project Meeting

12.45 - 14.15
Open Meeting of the WHO

Free evening for the industry
### SCIENTIFIC PROGRAMME OVERVIEW

**FRIDAY | MAY | 20th | 2011**

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**Coffee-Break / Visit of the Exhibition Area / Poster Visit**

**OPTIONAL Gala Dinner at Casino Estoril (not included in registration fees - see also social programme)**
<table>
<thead>
<tr>
<th>AUDITORIUM VI</th>
<th>AUDITORIUM VII</th>
<th>AUDITORIUM VIII</th>
<th>ROOM 3c</th>
<th>ROOM 3a</th>
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<tr>
<td><strong>ME 11</strong></td>
<td><strong>ME 12</strong></td>
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<tr>
<td>Evidence Based Treatment of Cachexia</td>
<td>The Art and Science of Social Work</td>
<td>Spiritual Care in Palliative Care</td>
<td>What Can a Psychologist Do for Your Team</td>
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</table>

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**Coffee-Break / Visit of the Exhibition Area / Poster Visit**

- **PS 10** Family as Care Giver
- **FC 9** Ethics I
- **PS 15** Round Table: The EAPC Recommendations on Opioids in Cancer Pain
- **PS 14** Palliative Care as a Human Rights Issue
- **PS 16** Reaching out Towards Latin America

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**Lunch Break**

- Visit of the Exhibition Area
- Poster Visit

**12.45 - 14.15**

- Lunch Symposium (Sponsored by Mundipharma)

**Lunch Break**

- Visit of the Exhibition Area
- Poster Visit

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**Coffee-Break / Visit of the Exhibition Area / Poster Visit**

- **FC 11** Life Span
- **PS 19** Suffering and Spiritual Care
- **PS 20** Presentation of Highlights of EU Projects
- **PS 21** How to Involve the Health Authorities and the Politicians?

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**OPTIONAL Gala Dinner at Casino Estoril (not included in registration fees - see also social programme)**
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<th>Room 1.02</th>
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**11.00-12.30**  
Closed Meeting for all PRISMA Members

**12.45-13.45**  
Integration of Medical Disciplines and Specialist Palliative Care Task Force Meeting

**12.45-13.30**  
Open Family carer Taskforce/IPCFC meeting

**13.30-14.15**  
Closed Meeting: Family carer Taskforce/IPCFC

Optional Gala Dinner at Casino Estoril (not included in registration fees - see also social programme)
12.45-14.15
Open Meeting Pediatric Taskforce

11:15-14:15
Spiritual Care Taskforce Meeting

13:00-14:00
White Paper on Dementia Meeting

OPTIONAL Gala Dinner at Casino Estoril (not included in registration fees - see also social programme)
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<td><strong>PS 22</strong> Nausea and Vomiting</td>
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Coffee-Break / Visit of the Exhibition Area / Poster Visit

**PL 5**

EAPC Award Closing Ceremony

Optional Fado night (not included in registration fees - also see social programme)
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<th>Time</th>
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<tr>
<td>13:00 - 16:30</td>
<td>IAHPC Board Meeting</td>
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<td>14:00 - 17:00</td>
<td>EAPC Board Meeting</td>
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**OPTIONAL** Fado night (not included in registration fees - also see social programme)
SCIENTIFIC PROGRAMME
**WS 1: WORKSHOP**

**AUDITORIUM VI**

*Ethics at the End of Life*
Chair: Pereira, J., Canada

**WS 7: WORKSHOP**

**SALA 1.07**

*Physiotherapy in Palliative Care: Exploring the interactive role of rehabilitation with the dying patient*
Chairs: Taylor, J.M.; Simader, R., United Kingdom

- **10:00-10:10h** Welcome and Introduction
  Sousa Guerra, I., Portugal

- **10:10-10:45h** Where are we now, and where are we going? Perspectives and directions in physiotherapy in Palliative care
  Taylor, J.M., United Kingdom

- **10:45-11:20h** Passivities of Daily Living (PDL): The power of touch and movement in the care of psycho-geriatric patients
  de Vocht, H.M., The Netherlands; Hollander, L.

- **11:20-11:50h** Lunch and networking

**WS 9: WORKSHOP**

**SALA 1.08**

*New Understanding of Caregiver Stress and Staff Support in Illness, Dying and Bereavement*
Chair: Renzenbrink, I., Australia

- Caregiver Stress and Staff Support in Illness, Dying and Bereavement
  Weininger, R., United States; Firth, P., United Kingdom; Arshinoff, R., Canada; Dechamps, A., United Kingdom; Breiddal, S., Canada; Larkin, P., Ireland

- **12:00-13:30h** Welcome and Introduction to the Workshop
  Heimerl, K., Austria

- **12:00-13:30h** Presentation of initial results – Phase 1: An international perspective on long-term care settings in different countries
  Froggatt, K., United Kingdom

- **12:00-13:30h** Presentation of initial results – Phase 2: Analysis of survey of interventions
  Reitinger, E., Austria

- **12:00-13:30h** Presentation of initial results: Draft typology of interventions proposed
  Brazil, K., Canada

- **12:00-13:30h** Country specific examples from members of the Core Group
  Froggatt, K., United Kingdom; Heimerl, K., Austria; Hockley, J.M., United Kingdom; Brazil, K., Canada; Parker, D., Australia; Künz, R., Switzerland; Pasman, R., Belgium; Reitinger, E., Austria; Sandgathe-Husebø, B., Norway
12:30-16:30h  **WS 2: WORKSHOP**  
**AUDITORIUM VI**  
Volunteers in Palliative Care  
Translation Service into Portuguese and English available  
12:30-12:50h  **Film about the volunteers in palliative care in Portugal**  
Carneiro, P., Portugal  
12:50-13:30h  **Framework for volunteer palliative care in Portugal**  
Justo, M., Portugal  
13:30-13:50h  **International overview of volunteer hospice/palliative care work**  
Smeding R., Belgium  
13:50-14:05h  **Experiences in volunteer hospice/palliative care work in Germany**  
Weihrach, B., Germany  
14:05-14:20h  **Experiences in volunteer hospice/palliative care work in Austria**  
Pelttari, L., Austria  
14:20-14:35h  **Experiences in volunteer hospice/palliative care work in the UK**  
Praill, D., United Kingdom  
14:35-15:00h  Break  
15:00-15:30h  **Competences to be volunteer hospice/palliative care: Know-competences; do-competences and relational-competences.**  
Carneiro, P., Portugal; Justo, M., Portugal  
15:30-16:20h  Discussion in small groups of 5-8 people and gathering of topics/problems questions for discussion  
16:20-16:30h  **Synthesis/conclusion of workshop**  
Carneiro, P., Portugal; Pelttari, L., Austria; Weihrach, B., Germany

12:30-14:00h  **WS 5: WORKSHOP**  
**SALA 1.02**  
Assessment of Family Carers Needs: Perceptions, Expectations and Challenges  
Chairs: Grande, G., United Kingdom; Costantini, M., Italy  
12:30-12:50h  **Evidence from a Systematic Review of Assessment Tools for Family Carers**  
Hudson, P., Fitzroy, Australia  
12:50-13:10h  **Developing Family Carer Assessment Tools**  
Ewing, G., United Kingdom  
13:10-13:30h  **What Helps Carers in Practice: Evidence from European Research**  
Larkin, P., Ireland

14:30-16:30h  **WS 4: WORKSHOP**  
**SALA 1.03**  
Palliative Care Development in Africa  
Chairs: Filbet, M., France; Rais, H., Tunisia; Nejmi, M., Morocco; Mwangi-Powell, F.N., Uganda
### WS 6: WORKSHOP
**SALA 1.02**

**Integration of Medical Discipline Such as Oncology (Neurology or Cardiology) and Specialist Palliative Care: Importance of Continuous Needs Assessments, Medical Discipline Specific Solutions and Country Specific Cost Effectiveness Data**

**Chair:** Strasser, F., Switzerland

- **15:00-15:05h Introduction**
  - Caraceni, A.T.G., Italy; Strasser, F., Switzerland
  - Impact of longitudinal symptom monitoring on quality development of integrated oncology and palliative care
  - Teunissen, S., The Netherlands

- **15:05-15:20h Oncology specific integration of specialist palliative care: is it specific?**
  - Palliative Care
  - Cherny, N., Israel

- **15:20-15:45h Cost-effectiveness of specialist palliative care: how to collect meaningful data?**
  - Bruera, E., United States

- **15:45-15:55h Short presentation of service models with integrated oncology and palliative care**

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### WS 11: WORKSHOP
**SALA 1.06**

**Palliative Care and the Media**

**Chair:** Davidson, B., United States

### WS 8: WORKSHOP
**SALA 1.07**

**It’s within our reach: Outcome measurement practice and resources in Europe PRISMA’s outcome measurement workshop**

- **15:00-15:05h PRISMA overview: Coordinating Action Across Europe**
  - Harding, R., United Kingdom

- **15:05-15:10h Reaching Consensus: Outcome Measurement in Palliative Care**
  - Higginson, I., United Kingdom

- **15:10-15:20h It’s Within our Reach: How to Use Outcome Measures in Palliative Care**
  - Bausewein, C., United Kingdom

- **15:20-15:30h Reaching for What’s Right When it Matters: Outcome Measurement in Long-Term Care Facilities and for those with Dementia**
  - Deliens, L., Belgium

- **15:30-15:40h Reaching for What is Useful: The New POS-S Symptom Card and Other Useful Outcome Measurement Resources**
  - Ferreira, P.

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### WS 10: WORKSHOP
**SALA 1.08**

**The Art of Preparing a Research Proposal**

**Chair:** Pereira, J., Canada
17:30-19:00h   OPENING CEREMONY

AUDITORIUM I

Welcome to Portugal
by Carminho Fado singer

Official Welcome
Neto, I., Portugal
Radbruch, L., Germany, President of the EAPC

Official Opening by the President of Portugal
Cavaco Silva, A., Portugal

Opening Ceremonial Lecture by Barbara Monroe
Monroe, B., United Kingdom

Orchestra Tocá Rufar
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Location</th>
<th>Details</th>
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<tbody>
<tr>
<td>08:00-08:45h</td>
<td><strong>ME 1: MEET THE EXPERT</strong></td>
<td><strong>AUDITORIUM II</strong></td>
<td>Palliative Care in Long Term Care Settings for Older People</td>
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<td>Hockley, J.M., United Kingdom; Curiale, V., Italy</td>
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<td>08:00-08:45h</td>
<td><strong>ME 2: MEET THE EXPERT</strong></td>
<td><strong>AUDITORIUM III</strong></td>
<td>Barriers to Cancer Pain Treatment in North Africa</td>
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<td>Nejmi, M., Morocco; Rais, H., Tunisia</td>
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<td>08:00-08:45h</td>
<td><strong>ME 5: MEET THE EXPERT</strong></td>
<td><strong>AUDITORIUM VI</strong></td>
<td>How to Get Informed About Palliative Care: Needs Assessment in Central</td>
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<td>Jünger, S., Germany; Hegedus, K., Hungary</td>
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<td>08:00-08:45h</td>
<td><strong>ME 6: MEET THE EXPERT</strong></td>
<td><strong>AUDITORIUM VII</strong></td>
<td>Supporting Family Carers</td>
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<td>Firth, P., United Kingdom; Costantini, M., Italy</td>
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<td>08:00-08:45h</td>
<td><strong>ME 7: MEET THE EXPERT</strong></td>
<td><strong>AUDITORIUM VIII</strong></td>
<td>Palliative Care Education at Medical Universities – Experiences from</td>
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<td>Ellershaw, J., United Kingdom; Elsner, F., Germany</td>
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<td>08:00-08:45h</td>
<td><strong>ME 4: MEET THE EXPERT</strong></td>
<td><strong>PAV. 3 (ROOM 3c)</strong></td>
<td>Measures for Improved Access to Opioid Medication in Europe</td>
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<td>Payne, S., United Kingdom; Scholten, W., Switzerland</td>
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<td>08:00-08:45h</td>
<td><strong>ME 3: MEET THE EXPERT</strong></td>
<td><strong>PAV. 3 (ROOM 3b)</strong></td>
<td>“How to Create a Palliative Care Programme?”</td>
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<td>Capelas, M.L., Portugal; Mwangi-Powell, F.N., Uganda</td>
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<td>09:00-10:10h</td>
<td><strong>OPEN MEETING</strong></td>
<td><strong>SALA 1.08</strong></td>
<td>Open Meeting: Research nurses/assistants in palliative care</td>
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<td>Chairs: Strasser, F., Switzerland; de Wolf-Linder, S., Switzerland;</td>
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<td>Reurink, P.; Jakobsen, G., Norway</td>
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<td>09:00-10:10h</td>
<td><strong>PL 1: PLENARY SESSION</strong></td>
<td><strong>AUDITORIUM I</strong></td>
<td>Chair: Radbruch, L., Germany</td>
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<td>Baines, M., United Kingdom</td>
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<td><strong>PL 1.2: The Art of Letting Die</strong></td>
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<td>Jox, R.J., Germany (Winner of the EAPC Young Investigator Award)</td>
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### PS 2: PARALLEL SYMPOSIUM

**AUDITORIUM III**

**Teaching Methods – Innovation in Education**

**Chairs:** Elsner, F., Germany  Hegarty, M., Australia

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Title</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>11:00-11:30h</td>
<td><strong>PS 2.1:</strong> Multicultural Education and Workforce Development for Palliative Care in the Asia Pacific Region</td>
<td>Hegarty, M., Australia</td>
<td></td>
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<tr>
<td>11:30-12:00h</td>
<td><strong>PS 2.2:</strong> Education and Research Evolution in France in the Field of Palliative Medicine</td>
<td>Viallard, M. L., France</td>
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<tr>
<td>12:00-12:30h</td>
<td><strong>PS 2.3:</strong> Sharing the Wealth: Providing Responsible Training and Technical Assistance in Palliative Care in Developing Countries</td>
<td>Krakauer, E., United States</td>
<td></td>
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</tbody>
</table>

### PS 5: PARALLEL SYMPOSIUM

**AUDITORIUM VI**

**Palliative Care in the Community**

**Chairs:** Burge, F., Canada; Mitchell, G., Australia

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Title</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>11:00-11:30h</td>
<td><strong>PS 5.1:</strong> Training GPs in Early Identification of and Proactive Care in Palliative Care Patients</td>
<td>Van Rijswijk, E., Netherlands</td>
<td></td>
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<tr>
<td>11:30-12:00h</td>
<td><strong>PS 5.2:</strong> Finding a Place for Primary Palliative Care in Germany</td>
<td>Schneider, N., Germany</td>
<td></td>
</tr>
<tr>
<td>12:00-12:30h</td>
<td><strong>PS 5.3:</strong> Primary Palliative Care in Africa</td>
<td>Barnard, A., South Africa</td>
<td></td>
</tr>
</tbody>
</table>

### PS 4: PARALLEL SYMPOSIUM

**AUDITORIUM VII**

**Patients’ Priorities and Preferences**

**Chairs:** Nauck, F., Germany; Payne, S., United Kingdom

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Title</th>
<th>Speaker</th>
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</thead>
<tbody>
<tr>
<td>11:00-11:30h</td>
<td><strong>PS 4.1:</strong> Comparative Analysis of Patient Preferences Across European Countries</td>
<td>Larkin, P., Dublin, Ireland</td>
<td></td>
</tr>
<tr>
<td>11:30-12:00h</td>
<td><strong>PS 4.2:</strong> Priorities for Older Patients with Dementia</td>
<td>Van der Steen, J., Netherlands</td>
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</tr>
<tr>
<td>12:00-12:30h</td>
<td><strong>PS 4.3:</strong> Preferences of Older Patients Facing Death – Comparison across Four European Countries</td>
<td>Pleschberger, S., Austria</td>
<td></td>
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</tbody>
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### PS 3: PARALLEL SYMPOSIUM

**PAV. 3 (ROOM 3b)**

**Reaching out Towards Africa**

**Chairs:** Filbet, M., France; Harding, R., United Kingdom

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Title</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>11:00-11:30h</td>
<td><strong>PS 3.1:</strong> Reaching out towards Africa</td>
<td>Mwangi-Powell, F.N., Uganda</td>
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<tr>
<td>11:30-12:00h</td>
<td><strong>PS 3.2:</strong> Building a palliative care network in Tunisia</td>
<td>Rais, H., Tunisia</td>
<td></td>
</tr>
<tr>
<td>12:00-12:30h</td>
<td><strong>PS 3.3:</strong> The Need for Palliative Care in Morocco</td>
<td>Nejmi, M., Morocco</td>
<td></td>
</tr>
</tbody>
</table>
11:00-12:30h **PS 1: PARALLEL SYMPOSIUM**

**AUDITORIUM I**

**Palliative Care in Intellectual Disability**
Chair: Oliver, D., United Kingdom; Hoenger, C., Switzerland

11:00-11:30h **PS 1.1: A New Model for Breaking Bad News to People with Intellectual Disabilities**
Tuffrey-Wijne, I., United Kingdom

11:30-12:00h **PS 1.2: Palliative and End-of-Life Care for People with Intellectual Disabilities: Partnership and Collaborative Working**
McLaughlin, D., Ireland

12:00-12:30h **PS 1.3: Shared Decision Making in End-of-Life Care for People with Intellectual Disabilities?**
Wagemans, A., Netherlands

11:00-12:30h **FC 3: FREE COMMUNICATION**

**AUDITORIUM II**

**End of Life Care II**
Chairs: Sjogren, P., Denmark; Capelas, M.L., Portugal

11:00-11:15h **FC 3.1: Voices from the Community: People’s Perspectives on Preferred Priorities for Care and Communication at the End of Life**
Fineberg, I.C., United Kingdom

11:15-11:30h **FC 3.2: What’s Dignity Got to Do with it? The Development of a Complex Intervention: A Dignity Care Pathway (DCP) for Use by Community Nurses with People Receiving End of Life Care at Home**
Johnston, B.M., United Kingdom

11:30-11:45h **FC 3.3: Introduction of the Liverpool Care Pathway for the Dying Patient in a General Hospital**
Geijteman, E.C.T., Netherlands

11:45-12:00h **FC 3.4: Prevalence of Perceptions of Inappropriate Care among Intensive Care Unit Healthcare Providers and Reasons why Disproportional Care is Continued: The APPROPRIicus Study**
Piers, R., Belgium

12:00-12:15h **FC 3.5: Quality Indicators for Care in the Dying Phase — How Well Can They Capture Good Care and how Applicable Are They?**
Galushko, M., Germany

12:15-12:30h **FC 3.6: The Impact of Dementia on the Cause and Place of Death**
Sampson, E.L., United Kingdom
11:00-12:30h **FC 2: FREE COMMUNICATION**  
**PAV. 3 (ROOM 3b)**  
**Psychology & Communication**  
Chairs: Tishelman, C., Sweden; Renzenbrink, I., Australia

11:00-11:15h **FC 2.1:** Researching Sexuality in Cancer Patients and their Partners. Findings from a Binational Study  
Wasner, M., Germany

11:15-11:30h **FC 2.2:** Psychological Consequences of Patient Assaults on Mental Health of Staff Members on a Palliative Care Unit – A Retrospective and Prospective Evaluation  
Lorenzl, S., Germany

11:30-11:45h **FC 2.3:** Fear of Death and Humour – Comic Elements in Film Art. Bob Fosse: All That Jazz  
Zana, A., Hungary

11:45-12:00h **FC 2.4:** What Types of Cancer Support Groups Do Patients Find Most Useful?  
Grande, G., Manchester

12:00-12:15h **FC 2.5:** Development and Pilot Testing of the “Question Prompt List (QPL)” Intervention to Meet Information Needs of Advanced Cancer Patients in the UK  
Jones, H.M., United Kingdom

12:15-12:30h **FC 2.6:** Sexuality and Intimacy from the Clients’ Perspective: How Are Health Care Professionals to Discuss the Impact of Cancer?  
de Vocht, H.M., Netherlands

11:00-12:30h **FC 1: FREE COMMUNICATION**  
**PAV. 3 (ROOM 3c)**  
**Assessment & Measurement Tools**  
Chairs: Riley, J., United Kingdom; Tavares, M., Portugal

11:00-11:15h **FC 1.1:** The Measurement of Spirituality in Palliative Care: A Systematic Review Identifying and Appraising Tools Validated Cross-culturally  
Selman, L., United Kingdom

11:15-11:30h **FC 1.2:** An Examination of Opioid Consumption in the International Pain Policy Fellows’ Countries: The Morphine Equivalence Metric  
Maurer, M.A., United States

11:30-11:45h **FC 1.3:** Is Measuring Spiritual Wellbeing also an Intervention? Findings from UK Pilot-testing of the EORTC QLQ-SWB38  
Vivat, B., United Kingdom

11:45-12:00h **FC 1.4:** From Initial Request to Needs’ Identification: A Challenge for Palliative Care Mobile Teams  
Marcoux, I., Canada

12:00-12:15h **FC 1.5:** Comparing the Accuracy of Four Methods to Predict Survival in Terminally Ill Patients Referred to a Hospital-based Palliative Medicine Team  
Tavares, F.A., Portugal

12:15-12:30h **FC 1.6:** The Measurement of Extrapyramidal Side Effects (EPS) in Palliative Care Patients  
Bush, S.H., Canada
**IS 1: INDUSTRY SYMPOSIUM**

**The Scope of Breakthrough Cancer Pain in Clinical Practice (sponsored by Cephalon)**

Chair: Mercadante, S., Italy

- **11:00-11:05h** Introduction
  Mercadante, S., Italy

- **11:05-11:30h** Management of Breakthrough Pain in Patients With Cancer: Improving Diagnosis
  Davies, A., United Kingdom

- **11:30-11:55h** Lessons to Learn from PK Data to Better Treat our BTcP Patients
  Zeppetella, J., United Kingdom

- **11:55-12:20h** Review of a Real-Life Experience with Buccal Fentanyl Treatment
  Jarosz, J., Poland

**OPEN MEETING**

**ROOM 1.04**

IMPACT: Open Meeting
Radbruch, L., Germany; Kaasa, S., Norway; Vernooij-Dassen, M.; Visser, K., Netherlands; Engels, Y., Netherlands; Illiffe, S.; Chattat, R.; Ahmedzai, S., United Kingdom; Leppert, W.

**LS 1: LUNCH SYMPOSIUM**

**AUDITORIUM II**

PecFent® (fentanyl pectin nasal spray) and the Patient: An Evidence Based Approach to the Treatment of Breakthrough Pain in Cancer (BTcP) (sponsored by Archimedes Pharma)

Prescribing information for PecFent® is available on the Archimedes exhibition booth

Chair: Fallon, M., United Kingdom

- **12:45-12:50h** Opening/Introduction
  Fallon, M., United Kingdom

- **12:50-13:00h** BTcP: A Patient’s Perspective
  Jacobs, D., United Kingdom

- **13:00-13:20h** Transmucosal Routes to Treat BTcP: Are They All the Same?
  Brooks, D.J., United Kingdom

- **13:20-13:40h** Efficacy and Consistency in Treating BTcP: Evidence Base for PecFent®
  Torres, L., Spain

- **13:40-13:55h** Listening to the Patient Perspective: Patient Acceptability
  Radbruch, L., Germany

- **13:55-14:10h** Panel Discussion/Q&A
  Faculty

- **14:10-14:15h** Summary/Closing
  Fallon, M., United Kingdom

**PSYCHOLOGISTS IN PALLIATIVE CARE OPEN ACCESS TASK FORCE MEETING**

**ROOM 1.07**

Chairs: Payne, S., United Kingdom; Jünger, S., Aachen, Germany

**OPEN MEETING OF THE WHO**

**ROOM 1.15**

Chair: Gomez Batiste, Spain
14:30-15:40h **PL 2: PLENARY SESSION**  
**AUDITORIUM I**  
Chair: Kaasa, S., Norway  
14:30-15:00h **PL 2.1: Care of the Dying is a Task for Society**  
Neto, I., Portugal  
15:00-15:10h **EAPC News – The new EAPC guidelines on opioid management**  
Caraceni, A.T.G., Milan, Italy  
15:10-15:40h **PL 2.2: Plenary Lecture "Pain Management: New Developments"**  
Bennett, M., United Kingdom  

16:30-18:00h **PS 6: PARALLEL SYMPOSIUM**  
**AUDITORIUM II**  
Leadership – Examples  
Chairs: Foley, K., United States; Mosoiu, D., Romania  
16:30-17:00h **PS 6.2: Staff Support and Staff Stress: Leadership and Management Responsibilities**  
Renzenbrink, I., Australia  
17:00-17:30h **PS 6.3: Mediation within Collaborative Teams – A Challenge for Leadership**  
Nauck, F., Germany  
17:30-18:00h **PS 6.4: Media Campaign as a Hospice Education for Public**  
Muszbek, K., Hungary  

16:30-18:00h **PS 7: PARALLEL SYMPOSIUM**  
**AUDITORIUM VI**  
Palliative Care for Hard to Reach Populations: Refugees, Asylum Seekers and the Homeless and the Influence of Poverty  
Chairs: Firth, P., United Kingdom; Mwangi-Powell, F.N., Uganda  
16:30-16:52h **PS 7.1: Palliative Care for Prisoners: A Scoping of the International Literature and the Evidence from the UK**  
Payne, S., United Kingdom  
16:52-17:14h **PS 7.2: Asylum Seekers and Refugees: Implications for Palliative Care in Europe**  
Dodds, N., United Kingdom  
17:14-17:36h **PS 7.3: Travellers – Cultural Conditions of Death and Dying in Ireland**  
Mc Quillan, R., Ireland  
17:36-17:58h **PS 7.4: Palliative Care for Hard to Reach Populations**  
Mwangi-Powell, F.N., Uganda
16:30-18:00h  **PS 13: PARALLEL SYMPOSIUM**
**AUDITORIUM VIII**
Pediatric Palliative Care: Different Models
Chairs: Marston, J., South Africa; Wood, C., France

16:30-16:52h  **PS 13.1: Models of Palliative Care for Children in Africa**
Marston, J., South Africa

16:52-17:14h  **PS 13.2: Different Models of Child Palliative Care Support in Belarus**
Garchakova, A.G., Belarus

17:14-17:36h  **PS 13.3: Recent Strategies for the Development in Paediatric Palliative Care (PPC) in France**
Wood, C., France

17:36-17:58h  **PS 13.4: The Children’s Hospice Movement**
Dominica, F., United Kingdom

16:30-18:00h  **PS 8: PARALLEL SYMPOSIUM**
**PAV. 3 (ROOM 3c)**
Developing Guidelines – A Session on EU Projects
Chairs: Bausewein, C., United Kingdom and Gomez Batiste, Spain

16:30-16:52h  **PS 8.1: Development of WHO Treatment Guidelines on Pain**
Scholten, W., Switzerland

16:52-17:14h  **PS 8.2: EPCRC – New Guidelines for the Management of Depression, Cachexia and Use of Opioids in Cancer Pain**
Higginson, I., United Kingdom

17:14-17:36h  **PS 8.3: PRISMA**
Bausewein, C., United Kingdom

17:36-17:58h  **PS 8.4: The Liverpool Care Pathway for the Dying Patient (LCP) – A Continuous Quality Improvement Programme**
Voltz, R., Germany
16:30-18:00h **FC 5: FREE COMMUNICATION**

**AUDITORIUM III**

Research Methodology
Chairs: Borasio, G.D., Switzerland; Tishelman, C., Sweden

16:30-16:45h **FC 5.1:** The Mixed Methods Approach to Develop and Assess Palliative Care in Neurodegenerative Conditions
Veronese, S., Italy

16:45-17:00h **FC 5.2:** Learning from Experience – Enabling Palliative Care Phase III Studies
the Palliative Care Clinical Studies Collaborative (PaCCSC)
Shelby-James, T.M., South Australia

17:00-17:15h **FC 5.3:** A Systematic Review of the Evidence on Views and Experiences of Participating in Research at the End of Life
Gysels, M.H., Spain

17:15-17:30h **FC 5.4:** Providing Infrastructure to Conduct Multi-site Research within Palliative Care – Learnings from the Palliative Care Clinical Studies Collaborative (PaCCSC)
Shelby-James, T.M., South Australia

17:30-17:45h **FC 5.5:** Title: End of Life for Cancer Patients in Albania
Rama, R., Albania

17:45-18:00h **FC 5.6:** Clinical Trial Methodology for Cancer Cachexia Patients: Phase I/II and Proof-of-Concept Trials Applying the New Cancer Cachexia Classification and Tailored Endpoints
Strasser, F., Switzerland

16:30-18:00h **FC 6: FREE COMMUNICATION**

**AUDITORIUM VII**

Pain
Chairs: Fallon, M., Edinburgh, United Kingdom; Sjogren, P., Copenhagen, Denmark

16:30-16:45h **FC 6.1:** Cancer Pain Classification: A Confirmative Study on Domains Associated with Pain Intensity and Treatment Response
Caraceni, A.T.G., Italy

16:45-17:00h **FC 6.2:** A Randomised Multi-site, Double-blind, Parrallel Arm, Dose Titrated Placebo Controlled Study of Subcutaneous Ketamine in the Management of Cancer Pain
Currow, D., Australia

17:00-17:15h **FC 6.3:** Central Pain Processing in Chemotherapy Induced Peripheral Neuropathy
Cachia, E., United Kingdom

17:15-17:30h **FC 6.4:** Effective Titrated Dose of Fentanyl Pectin Nasal Spray Remains Consistently Effective in the Long Term and Is Not Correlated to Background Opioid Dose
Fallon, M., United Kingdom

17:30-17:45h **FC 6.5:** Develop Terminal Cancer Patients Tolerance to Opioids?
Menten, J.J., Belgium

17:45-18:00h **FC 6.6:** Fentanyl Pectin Nasal Spray: Successful Dose Titration in a Broad Range of Patients with Breakthrough Cancer Pain
Torres, L., Spain
**FC 7: FREE COMMUNICATION**

**PAV. 3 (ROOM 3a)**

**Family & Care Givers**

Chairs: Larkin, P., Ireland; Oliviere, D., United Kingdom

16:30-16:45h  **FC 7.1: Recognising Dying and the Interplay between Patients, Families and Professionals in Palliative Home Care**

Pleschberger, S., Austria

16:45-17:00h  **FC 7.2: Proactive Palliative Care Planning: Prospective Study of the Impact on Care Givers Burden, Psychological Well-being and Satisfaction with Care**

Thoonsen, B., Netherlands

17:00-17:15h  **FC 7.3: Family Caregiver Participation in Palliative Care: Effects of Instruction in Simple Touch and Massage Methods for Comfort and Quality of Life**

Collinge, W.B.

17:15-17:30h  **FC 7.4: How Can We Help them Cope? A Structural Model to Examination of the Mediation Effects of Culture on Work Group Stress, Burnout, Compassion Fatigue and Compassion Satisfaction in Palliative Care Professionals**

Hemsworth, D.

17:30-17:45h  **FC 7.5: Hospital Based Psycho-educational Intervention for Family Caregivers of Palliative Care Patients**

Hudson, P., Australia

17:45-18:00h  **FC 7.6: How Can We Improve Formal Family Meetings? A Survey of Staff in Two Specialist Palliative Care Units**

Clifford, M., Ireland
16:30-18:00h  **PD 1: POSTER DISCUSSION**  
Pav. 3 (Room 3b)  
Chairs: Capelas, M.L., Portugal; Oliver, D., United Kingdom

16:30-16:39h  
**Giving the End-of-Life Back to People: Advance Care Planning in Flanders**  
Keirse, M., Belgium

16:39-16:48h  
**The Impact of an Incurable Illness on Patients’ Personal Development**  
Gorog, I., Romania

16:48-16:57h  
**Needs Assessment for Palliative Care Services in a Tertiary Referral Hospital in Sub-Saharan Africa: Opportunity to Reach Out to those in Need of Palliative Care**  
Lewington, J., United Kingdom

16:57-17:06h  
**Serum Concentrations of Opioids when Comparing Two Switching Strategies to Methadone for Cancer Pain**  
Kaasa, S., Norway

17:06-17:15h  
**Older Patients with Advanced Heart Failure: A Qualitative Study on their Experience with Delivery of Care in Germany**  
Schneider, N., Germany

17:15-17:24h  
**Wherever They May Be! An Audit of All Deaths in All Settings**  
Groves, K.E., United Kingdom

17:24-17:33h  
**The Incidence and Evolution of Opioid Toxicity in Cancer Patients: Experiences of a Regional Cancer Unit**  
Birch, E., Newport, United Kingdom

17:33-17:42h  
**What Influences Patients’ Decisions on Artificial Hydration at the End of Life? A Q-methodology Study**  
Malia, C.E., United Kingdom

17:42-17:51h  
**Access of Cancer Patients to Appropriate Pain Management**  
Breuer, B., United States
16:30-18:00h **FC 4: FREE COMMUNICATION**

**Ethics II**
Chairs: Simões, C., Portugal; Fürst, C.J., Sweden

16:30-16:45h **FC 4.1: Efficacy of a Prognostic Test in Non Cancer Patients – A Longitudinal Observational Prospective Study**
Sánchez Isac, M., Spain

16:45-17:00h **FC 4.2: Autonomy in End-of-Life Decision Making and the Impact of Socio-economic and Cultural Factors**
Deschepper, R., Belgium

17:00-17:15h **FC 4.3: Culture, Country and End-of-Life Care. Similarities and Differences between Italy, Spain and Portugal**
Meñaca, A., Spain

17:15-17:30h **FC 4.4: Physician Assisted Suicide, Euthanasia and Palliative Sedation: Attitudes and Incidence in Germany**
Evans, N., Spain

17:30-17:45h **FC 4.5: 'How Much Longer Will it Take?' The Role of the Family in the Palliative Sedation Trajectory**
van Tol, D.G., Netherlands

17:45-18:00h **FC 4.6: Cultural Context of End-of-Life Care: A Scoping Exercise of the Belgian Literature**
Andrew, E.V.W., Spain

18:15-19:45h **GENERAL ASSEMBLY OF THE EAPC**
## SCIENTIFIC PROGRAMME

**FRIDAY | MAY | 20th | 2011**

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<tr>
<td>08:00-08:45h</td>
<td>ME 8: MEET THE EXPERT</td>
<td>Palliative Care in COPD and Heart Failure</td>
<td>Bausewein, C., United Kingdom; Murray, S.A., United Kingdom</td>
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<tr>
<td>08:00-08:45h</td>
<td>ME 9: MEET THE EXPERT</td>
<td>Physiotherapy in Palliative Care</td>
<td>Taylor, J.M., United Kingdom; Simader, R., United Kingdom</td>
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<tr>
<td>08:00-08:45h</td>
<td>ME 11: MEET THE EXPERT</td>
<td>Evidence Based Treatment of Cachexia</td>
<td>Kaasa, S., Norway; Strasser, F., Switzerland</td>
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<td>08:00-08:45h</td>
<td>ME 12: MEET THE EXPERT</td>
<td>The Art and Science of Social Work</td>
<td>Chair: Firth, P., United Kingdom; Oliviere, D., United Kingdom; Firth, P., United Kingdom; Benkel, I., Sweden</td>
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<tr>
<td>08:00-08:45h</td>
<td>ME 13: MEET THE EXPERT</td>
<td>Spiritual Care in Palliative Care</td>
<td>Leget, C., Netherlands; Benito, E., Spain; Roser, T., Germany; Nolan, S., United Kingdom</td>
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<tr>
<td>08:00-08:45h</td>
<td>ME 10: MEET THE EXPERT</td>
<td>The development of guidelines and a core curriculum for the palliative care for people with neurological disease</td>
<td>Oliver, D., Germany; Voltz, R., Germany; Borasio, G.D., Switzerland; Caraceni, A.T.G., Italy</td>
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<tr>
<td>09:00-10:10h</td>
<td>PL 3: PLENARY SESSION III</td>
<td>PL 3.1: The Philosophy of Palliative Care</td>
<td>Kearney, M., United States</td>
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<td>PL 3.2: EAPC News – Budapest Commitments</td>
<td>Fürst, C.J., Sweden</td>
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<td>PL 3.3: Spiritual et Religious Care at the End of Life in Changing Society of Poland</td>
<td>Krakowiak, P., Poland</td>
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<tr>
<td>10:15-10:45h</td>
<td>OPEN MEETING OF THE EAPC JUNIOR FORUM</td>
<td>Introduction</td>
<td>Kurita, G.P., Denmark; Cronin, K., Ireland; Cachia, E., United Kingdom</td>
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<td>Junior Forum in the EAPC Research Network</td>
<td>Kaasa, S., Norway</td>
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<td>Making the most in the young research experience</td>
<td>Bruera, E., United States</td>
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**PS 9: PARALLEL SYMPOSIUM**

**AUDITORIUM II**

**Challenges in Pediatric Palliative Care**

Chairs: Zernikow, B., Germany; Marston, J., South Africa

11:00-11:30h  
**PS 9.1: Challenges in Pediatric Palliative Care**  
Mcnamara-Goodger, K., United Kingdom

11:30-12:00h  
**PS 9.2: Agitation and Sleep Disturbances in Children and Young Adults with Non-cancer Life Limiting Diseases – A Challenge for Assessment and Therapy**  
Zernikow, B., Germany

12:00-12:30h  
**WHO Persisting Pediatric Pain Guidelines: A Research Agenda**  
Scholten, W., Switzerland

**PS 12: PARALLEL SYMPOSIUM**

**AUDITORIUM III**

**Old Challenges of Palliative Care Research – Any New Solutions?**

Chairs: Kaasa, S., Norway; Trzaska, D., Belgium

11:00-11:26h  
**PS 12.1: A National and Governmental Perspective in Australia on Palliative Care Research**  
Currow, D., Australia

11:26-11:52h  
**PS 12.2: Integration of Palliative Care into Mainstream Oncology and Basic Science**  
Kaasa, S., Norway

11:52-12:18h  
**PS 12.3: Clinical Research – a Part of Daily Clinical Practice**  
Fainsinger, R., Canada

12:18-12:28h  
**PS 12.4: European Commission’s Commitment to Palliative Care**  
Trzaska, D., Belgium

**PS 10: PARALLEL SYMPOSIUM**

**AUDITORIUM VI**

**Family as Care Giver**

Chairs: Payne, S., United Kingdom; Reigada, C., Portugal

11:00-11:22h  
**PS 10.1: Family Carers Support in Hospices in the UK**  
Firth, P., United Kingdom

11:22-11:44h  
**PS 10.2: Family Caregiving in Rural Areas of Eastern Europe: Cultural Norms and Expectations**  
Mosiou, D., Romania

11:44-12:06h  
**PS 10.3: What Factors Influence Family Care Abilities, in a Context of Palliative Care?**  
Reigada, C., Portugal

12:06-12:28h  
**Family Caregiving in the Context HIV/AIDS in Africa**  
Powell, T., Uganda
### PS 15: PARALLEL SYMPOSIUM

**AUDITORIUM VIII**  
**Round Table: The EAPC Recommendations on Opioids in Cancer Pain**  
Chair: Hanks, G., United Kingdom

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<th>Time</th>
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| 11:00-11:05h  | **PS 15.1:** The EAPC Recommendations on Opioids in Cancer Pain  
Caraceni, A.T.G., Italy |
| 11:05-11:10h  | **PS 15.2:** Balancing Effect and Side Effect  
Stone, P., United Kingdom |
| 11:10-11:15h  | **Do Guidelines Depend on Availability**  
Cherny, N., Israel |
| 11:15-12:25h  | **Discussion**                               |

### PS 16: PARALLEL SYMPOSIUM

**PAV. 3 (ROOM 3a)**  
**Reaching out Towards Latin America**  
Chairs: Eisenchlas, J., Argentina; Rocafort, J., Spain

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<th>Time</th>
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| 11:00-11:22h  | **PS 16.1:** Reaching out Collaboration between National and Regional Associations (SECPAL-ALCP)  
Rocafort Gil, J., Spain |
| 11:22-11:44h  | **PS 16.2:** Reaching Out: The Collaboration between Associations (IAHPC-ALCP-SECPAL)  
De Lima, L., United States |
| 11:44-12:06h  | **PS 16.3:** Reaching OU towards Latin America – Brasil and Portugal: How To Start?  
Rodrigues, L.F., Parana |
| 12:06-12:28h  | **PS 16.4:** Collaboration in Practice: The Palliative Care Atlas for Latin America  
Eisenchlas, J., Argentina |

### PS 14: PARALLEL SYMPOSIUM

**PAV. 3 (ROOM 3c)**  
**Palliative Care as a Human Rights Issue**  
Chairs: Gwyther, L., South Africa; Neto, I., Portugal

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| 11:00-11:30h  | **PS 14.1:** Access to Pain Treatment and Palliative Care as a Human Right  
Lohman, D., United States |
| 11:30-12:00h  | **PS 14.2:** Palliative Care as a Political Issue  
Finlay, I.G., United Kingdom |
| 12:00-12:30h  | **PS 14.3:** Balancing Priorities: Palliative Care vs. ART in HIV Care?  
Gwyther, L., South Africa |

### PS 11: PARALLEL SYMPOSIUM

**AUDITORIUM I**  
**Reaching out Towards Dementia**  
Chairs: van der Steen, J., Netherlands; Gove, D., Luxembourg

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<th>Time</th>
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| 11:00-11:30h  | **PS 11.1:** Palliative Care in Advanced Dementia  
Volicer, L., United States/CZR |
| 11:30-12:00h  | **PS 11.2:** Coordination of End of Life Care in Dementia  
Hockley, J.M., United Kingdom |
| 12:00-12:30h  | **PS 11.3:** Guidelines on the End-of-Life Care of People with Dementia  
Gove, D., Luxembourg |
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<th>Time</th>
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<tr>
<td>11:00-12:30h</td>
<td><strong>FC 9: FREE COMMUNICATION</strong></td>
<td><strong>Ethics I</strong></td>
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<td>Chairs: De Vlieger, T., Belgium; Hegedus, K., Hungary</td>
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<td>11:00-11:15h</td>
<td><strong>FC 9.1</strong></td>
<td>Cardio Pulmonary Resuscitation (CPR) Occurs Rarely at Specialized</td>
<td>Eckerdal, G., Sweden</td>
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<td>Palliative Care Units in Sweden Rarely Occur</td>
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<td>11:15-11:30h</td>
<td><strong>FC 9.2</strong></td>
<td>Suffering and Euthanasia: A Qualitative Study of Cancer Patients</td>
<td>Karlsson, M., Sweden</td>
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<td>Perspectives</td>
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<td>11:30-11:45h</td>
<td><strong>FC 9.3</strong></td>
<td>Changes in Palliative Care Physician Attitudes and Beliefs Regarding Communication with Terminally Ill Cancer Patients: A Latin American Survey</td>
<td>Torres-Vigil, I., United States</td>
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<td>11:45-12:00h</td>
<td><strong>FC 9.4</strong></td>
<td>Not All Doctors See Palliative Sedation at the End of Life as Less</td>
<td>van de Vathorst, S., Netherlands</td>
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<td>Burdensome than Euthanasia</td>
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<td>12:00-12:15h</td>
<td><strong>FC 9.5</strong></td>
<td>Shifts in Patient Involvement in End-of-Life Decisions Following</td>
<td>Bilsen, J., Belgium</td>
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<td>Legal Changes Promoting Patient’s Autonomy in Belgium</td>
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<td>12:15-12:30h</td>
<td><strong>FC 9.6</strong></td>
<td>The Acceptance of Euthanasia by the General Public in 39 European</td>
<td>Van Landeghem, P., Belgium</td>
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<td>11:00-12:30h</td>
<td><strong>FC 8: FREE COMMUNICATION</strong></td>
<td><strong>Symptom Management</strong></td>
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<td>Chairs: Gonçalves, E., Portugal; Mosoiu, D., Romania</td>
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<td>11:00-11:15h</td>
<td><strong>FC 8.1</strong></td>
<td>Do the Trajectories of Disturbed Bowel Habits Differ over Time</td>
<td>Clark, K., Australia</td>
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<td>in Palliative Care?</td>
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<td>11:15-11:30h</td>
<td><strong>FC 8.2</strong></td>
<td>Blood Transfusion Near the End of Life: A Systematic Review</td>
<td>Preston, N.J., United Kingdom</td>
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<td>11:30-11:45h</td>
<td><strong>FC 8.3</strong></td>
<td>EMG-EEG Signal Coherence Impaired in Cancer Related Fatigue</td>
<td>Davis, M., United States</td>
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<td>11:45-12:00h</td>
<td><strong>FC 8.4</strong></td>
<td>MRSA and Palliative Care: The Straw that Broke the Camel’s Back?</td>
<td>Gleeson, A.B., Ireland</td>
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<td>12:00-12:15h</td>
<td><strong>FC 8.5</strong></td>
<td>Falls: Is this Geriatric Giant an even Bigger Issue in Palliative</td>
<td>Stone, C.A., Ireland</td>
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<td>Cancer Care?</td>
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<td>12:15-12:30h</td>
<td><strong>FC 8.6</strong></td>
<td>Do Patients with Cancer, COPD, Heart Failure and MND Experience</td>
<td>Gysels, M.H., Spain</td>
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<td>Breathlessness Differently?</td>
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### LS 2: LUNCH SYMPOSIUM
**AUDITORIUM II**
**Abstral (sublingual fentanyl citrate) in Practice (sponsored by ProStrakan)**
Chair: Davies, A., United Kingdom

**12:45-13:15h** Welcome and introduction  
Davies, A., United Kingdom  

**13:15-13:45h** Evidence from the patient’s perspective  
Überall, M.A., Germany  

**13:45-14:15h** Clinical experience with Abstral  
Ward, J., United Kingdom

### LS 3: LUNCH SYMPOSIUM
**AUDITORIUM VIII**
**The challenge of managing severe malignant pain – analgesic efficacy with optimal quality of life (sponsored by Mundipharma)**
Chair: Ahmedzai, S., United Kingdom

**12:45-13:10h** Providing effective pain management to cancer patients in all stages of cancer – what and when?  
Nauck, F., Germany  

**13:10-13:35h** Prolonged-release oxycodone/naloxone in chronic severe cancer pain – results from the OXN2001 study multicentre RCT  
Ahmedzai, S., United Kingdom

**13:35-14:00h** Management of severe malignant pain in clinical practice: From clinical trials to real-life patient cases  
Fallon, M., United Kingdom  

Panel questions and answers  
Smith, K., United Kingdom

### OPEN TASK FORCE MEETING: INTEGRATION OF MEDICAL DISCIPLINES AND SPECIALIST PALLIATIVE CARE
**SALA 1.03**
Chairs: Strasser, F., Switzerland; Caraceni, A.T.G., Italy; Cherny, N., Israel; Teunissen, S., Netherlands

**12:45-14:15h** PAEDIATRICS IN PALLIATIVE CARE TASKFORCE – OPEN MEETING  
**SALA 1.08**  
Chairs: Craig, F., United Kingdom; Marston, J., South Africa; Martino, R., Spain; Wood, C., France; Zernikow, B., Germany

**12:45-13:30h** OPEN MEETING OF THE EAPC FAMILY CARER TASKFORCE AND INTERNATIONAL PALLIATIVE CARE FAMILY CAREGIVER RESEARCH COLLABORATIVE (IPCFRC)  
**SALA 1.07**  
Chairs: Payne, S., United Kingdom; Hudson, P., Fitzroy, Australia
14:30-15:40h **PL 4: PLENARY SESSION IV**

**AUDITORIUM I**
Chair: De Conno, F., Milano, Italy
14:30-15:00h **PL 4.1: Palliative Care and HIV Plenary**
Gwyther, L., South Africa
15:00-15:10h **EAPC News – EAPC Strategy**
Schmidlin, E., Switzerland
15:10-15:40h **PL 4.2: Palliative Care in Romania – Between Poor Resources and Poor Management**
Donea, D.O., Romania

16:30-18:00h **PS 19: PARALLEL SYMPOSIUM**

**AUDITORIUM VII**
Suffering and Spiritual Care
Chairs: Firth, P., United Kingdom; Larkin, P., Ireland
16:30-17:00h **PS 19.1: Compassion: The Essence of Hospice and Palliative Care**
Larkin, P., Ireland
17:00-17:30h **PS 19.2: How Do We Respond to Spiritual Suffering?**
Benito, E., Spain
17:30-18:00h **PS 19.3: Clinical Responses to Suffering in Palliative Care Practice**
Hegarty, M., Australia

16:30-18:00h **PS 21: PARALLEL SYMPOSIUM**

**PAV. 3 (ROOM 3a)**
How to Involve the Health Authorities and the Politicians?
Chairs: Rhebergen, A., Netherlands; Callaway, M., United States
16:30-16:52h **PS 21.1: How to Involve Health Authorities**
Wodarg, W., Germany
16:52-17:14h **PS 21.2: A Business Case for Substitution of Palliative Care from Hospitals to Hospice and Home Care Settings**
Groenewoud, S., Netherlands
17:14-17:36h **PS 21.3: The Social Business Case**
Demoulin, L., Netherlands
17:36-17:58h **PS 21.4: Public Health Approach to Palliative Care – The Example of Portugal**
Guerreiro, I., Portugal
16:30-18:00h **PS 20: PARALLEL SYMPOSIUM**
**AUDITORIUM IV**

**Presentation of Highlights of EU Projects**
Chairs: Fainsinger, R., Canada; Payne, S., United Kingdom

- **16:30-16:45h** **PS 20.1: Access to Opioid Medication in Europe (ATOME)**
  Jünger, S., Germany

- **16:45-17:00h** **PS 20.2: European Palliative Care Research Collaborative (EPCRC)**
  Kaasa, S., Norway

- **17:00-17:15h** **PS 20.3: PRISMA, a Pan-European EC Co-ordinating Action: Reflecting the Positive Diversities of European Priorities for Research and Measurement in End-of-Life Care**
  Harding, R., United Kingdom

- **17:15-17:30h** **PS 20.4: OPCARE9 – An International Collaborative to Optimise Research for the Care of Cancer Patients in the Last Days of Life**
  Ellershaw, J., United Kingdom

- **17:30-18:00h** **PS 20.5: Best Practice in Palliative Care: highlights of the EU project**
  Vissers, K.C., Netherlands

- **PS 20.6: EURO-IMPACT: a 4-year EU 7th FP Marie Curie Initial Training Network in Palliative Care Research**
  Deliens, L., Belgium

16:30-18:00h **PS 18: PARALLEL SYMPOSIUM**
**PAV. 3 (ROOM 3b)**

**Reaching out Towards Oncology**
Chairs: Cherny, N., Israel; Caraceni, A.T.G., Italy

- **16:30-17:00h** **PS 18.1: Barriers to Diffusion of Palliative Care into Oncology Practice**
  Cherny, N., Israel

- **17:00-17:30h** **PS 18.2: Decision Making Based on Symptoms**
  Stone, P., United Kingdom

- **17:30-18:00h** **PS 18.3: Evidence-Based Decision Making**
  Bruera, E., United States

16:30-18:00h **PS 17: PARALLEL SYMPOSIUM**
**AUDITORIUM I**

**Breathlessness**
Chairs: Bausewein, C., United Kingdom; Currow, D., Australia

- **16:30-17:00h** **PS 17.1: Management of Breathlessness in Advanced Disease – Have We Got Any Further?**
  Higginson, I., United Kingdom

- **17:00-17:30h** **PS 17.2: Palliative Care of COPD: More Intractable Breathlessness than End of Life**
  White, P., United Kingdom

- **17:30-18:00h** **PS 17.3: The Role of Physiotherapy in Breathlessness**
  Simader, R., Germany
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<td>16:30-18:00</td>
<td><strong>FC 10: FREE COMMUNICATION</strong></td>
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<td><strong>AUDITORIUM II</strong></td>
<td>End of Life Care I</td>
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<td>Chairs: Filbet, M., France; Ostgathe, C., Germany</td>
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<td>16:30-16:45h</td>
<td><strong>FC 10.1:</strong> Existential-developmental Issues across the Life-span in Cancer &amp; End of Life Care Poppito, S.R., United States</td>
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<td>16:45-17:00h</td>
<td><strong>FC 10.2:</strong> Patterns of Decision-making towards the End of Life in the Intensive Care Setting – A Qualitative Study Rumble, C., United Kingdom</td>
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<td>17:00-17:15h</td>
<td><strong>FC 10.3:</strong> Dying Is a Transition – Between Total Pain and Total Serenity Bueche, D., Switzerland</td>
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<td>17:15-17:30h</td>
<td><strong>FC 10.4:</strong> The Provision of Culturally Sensitive Palliative and End of Life Care in New Zealand: The Views of Health Care Professionals Bellamy, G., New Zealand</td>
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<td>17:30-17:45h</td>
<td><strong>FC 10.5:</strong> Pathway for Improving the Care of the Dying (PICD) in a Tertiary Referral Hospital – Changing the Culture in the Desert of the Death Deniers O'Connor, G., Australia</td>
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<td>17:45-18:00h</td>
<td><strong>FC 10.6:</strong> Increased Sense of Peace and Similar Levels of Pain Control and Family Distress when Dying at Home vs. in Hospital: Results from a Mortality Followback Study in Cancer Gomes, B., United Kingdom</td>
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<td>16:30-16:39h</td>
<td>Pediatric Palliative Home Care: Experience of Bereaved Parents with a Hospital-based Liaison Team</td>
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<td>16:39-16:48h</td>
<td>Antibiotic Therapy within a Specialist Palliative Care In-patient Unit – Too Much of a Good Thing?</td>
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<td>16:48-16:57h</td>
<td>Sustaining Improved Palliative Care in Care Homes</td>
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<td>16:57-17:06h</td>
<td>Advance Directives: Knowledge and Attitudes of Citizens of One Health Area</td>
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<td>17:06-17:15h</td>
<td>Report of 2 Years Experience of Humor Therapy as a New Concept in Palliative Care</td>
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<td>17:15-17:24h</td>
<td>End of Life Care – What Information Do We Need? A Survey of Irish Primary Care Doctors</td>
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<td>17:24-17:33h</td>
<td>Review of Referral Practices to a Specialist Pediatric Palliative Care Service in a Tertiary Cancer Centre in Urban India</td>
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<td>17:33-17:42h</td>
<td>Exercise Program for the Management of Cancer-related Fatigue in Palliative Care Patients, A Pilot, Randomized, Controlled Trial</td>
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<td>17:42-17:51h</td>
<td>How We Have Managed to Reach out to the Disadvantaged People who Need Palliative Care</td>
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FC 11: FREE COMMUNICATION

AUDITORIUM VI

Life Span

Chairs: Ling, J., Ireland; Oliver, D., United Kingdom

16:30-16:45h FC 11.1: Results from a Pain Management Intervention in a Veterans' Long Term Care Facility
Johnston, G.M., Canada

16:45-17:00h FC 11.2: When to Involve Hospital Palliative Care Team in the Care of Teenagers and Young Adults with Cancer – A Theoretical Analysis of Practice Experience
Duke, S., United Kingdom

17:00-17:15h FC 11.3: An Evidence Based Model of Palliative Care in Long Term Care
Parker, D., Australia

17:15-17:30h FC 11.4: Intensive Care Outreach Network (ICON) and End-of-Life Decisions in a Children’s Hospital
Schumacher, K., United Kingdom

17:30-17:45h FC 11.5: Paediatric Palliative Home Care in Lower Saxony, Germany by Paediatricians, Hospice Services and Nursing Teams
Kremeike, K., Germany

17:45-18:00h FC 11.6: Development of a New Service Model to Deliver End of Life Care to Elderly Patients in Nursing Homes
Saunders, Y., United Kingdom
08:30-10:00h  **PS 22: PARALLEL SYMPOSIUM**

**AUDITORIUM II**  Nausea and Vomiting

Chairs: Bennett, M., United Kingdom; Berkowitch, M., Israel

- 08:30-09:00h  **PS 22.1: Clinical Presentations and Mechanisms of N + V, Epidemiology**  
  Bruera, E., United States

- 09:00-09:30h  **PS 22.2: Pharmacology of Anti-emetics and Newer Drugs**  
  Andrews, P., United Kingdom

- 09:30-10:00h  **PS 22.3: Parallel Session "Nausea and Vomiting" (Current Evidence from Cochrane/other Systematic Reviews)**  
  Bennett, M., United Kingdom

08:30-10:00h  **PS 23: PARALLEL SYMPOSIUM**

**AUDITORIUM III**  Reaching out Towards Psycho-Oncology

Chairs: Hegedus, K., Hungary; Cherny, N., Israel

- 08:30-09:00h  **PS 23.1: Psychosocial Care: A New Standard in Quality Cancer Care, Joint Symposium IPOS-EAPC “Reaching out towards psycho-oncology”**  
  Travado, L., Portugal

- 09:00-09:30h  **PS 23.2: Definition Diagnostic Tools and Treatment of Depression in Palliative Care**  
  de Walden-Galuszko, K., Poland

- 09:30-10:00h  **PS 23.3: Hopelessness and Related Variables in Cancer Care (Joint Symposium IPS-EAPC "Reaching Out Towards Psycho-Oncology")**  
  Grassi, L., Italy

08:30-10:00h  **PS 27: PARALLEL SYMPOSIUM**

**AUDITORIUM VI**  Core Competences – What Has to be Tought?

Chairs: Larkin, P., Ireland; Pereira, J., Canada

- 08:30-09:00h  **PS 27.1: Core Competencies: What Has To Be Taught?**  
  Pereira, J., Canada

- 09:00-09:30h  **PS 27.2: DACUM Process for Developing Palliative Care Core Competencies in Switzerland**  
  Gamondi, C., Switzerland; Currat, T., Switzerland

- 09:30-10:00h  **Core Competencies for PC Nurses**  
  De Vlieger, T., Belgium
08:30-10:00h \textbf{PS 25: PARALLEL SYMPOSIUM}

**AUDITORIUM VII**

Identifying Outcome Indicators

Chairs: Deliens, L., Belgium; Ostgathe, C., Germany

08:30-08:52h \textbf{PS 25.1: EPCRC – Quality Assurance and Outcomes in Palliative Care: A Common Ground Is Emerging}

Kaasa, S., Norway

08:52-09:14h \textbf{PS 25.2: PRISMA: Results from a Co-ordinating Action to Improve Outcomes in Palliative and End of Life Care across Europe}

Higginson, I., United Kingdom

09:14-09:36h \textbf{PS 25.3: Identifying Outcome Indicators – OPCARE 9}

Ostgathe, C., Germany

09:36-09:58h \textbf{PS 25.4: Implementation of Quality Indicators for the Organisation of Palliative Care}

Engels, Y., Netherlands

08:30-10:00h \textbf{PS 26: PARALLEL SYMPOSIUM}

**AUDITORIUM VIII**

How Should Palliative Care Deal with Patients Requesting PAS or Euthanasia

Moderator: Fürst, C.J., Sweden

08:30-08:35h \textbf{PS 26.1: How Should Palliative Care Deal with Patients Requesting PAS or Euthanasia}

Finlay, I.G., United Kingdom

08:35-08:45h \textbf{PS 26.2: How Not To Deal with Requests for PAS or Euthanasia}

Cohen, J., Belgium; Nauck, F., Germany

08:45-10:00h Discussion

08:30-10:00h \textbf{PS 24: PARALLEL SYMPOSIUM}

**PAV. 3 (ROOM 3b)**

Opioids Receptors

Chairs: De Conno, F., Italy; Sjogren, P., Denmark

08:30-09:00h \textbf{PS 24.1: μ-Opioid Receptors: Correlation of Agonist Efficacy for Signalling with Ability to Activate Internalization}

McPherson, J., United Kingdom

09:00-09:30h \textbf{PS 24.2: Update on New Mechanisms of Opioid}

Sacerdote, P., Italy

09:30-10:00h \textbf{PS 24.3: Distinct Sensory Neuron Opioid Receptor Expression in Different States of Disease}

Schaefer, M., Germany
**FC 13: FREE COMMUNICATION**

**PAV. 3 (ROOM 3a)**

**Policy**

Chairs: Rhebergen, A., Netherlands; Gomez Batiste, Spain

08:30-08:45h **FC 13.1:** Can Donors Support the Generation of Evidence to Enhance the Provision and Access to Palliative Care in Low and Middle Income Countries?

*Dix, O.*, United Kingdom

08:45-09:00h **FC 13.2:** Policy and Palliative Care in Africa – What Does the Landscape Look Like?

*Mwangi-Powell, F.N.*, Uganda

09:00-09:15h **FC 13.3:** Barriers to Palliative Care and Pain Management in Ukraine

*Lohman, D.*, United States

09:15-09:30h **FC 13.4:** 'There's a Specialism as Well which Makes Things Difficult Sometimes': Challenges in Negotiating ‘Generalist’ and ‘Specialist’ Palliative Care Provision in England and New Zealand

*Gott, M.*, New Zealand

09:30-09:45h **FC 13.5:** The International Visiting Scholars Program: Effectiveness of a 4-week Curriculum in Palliative Medicine

*Ferris, F.*, United States

09:45-10:00h **FC 13.6:** Dying in Europe: A Public Health Perspective on Palliative Care

*Hasselaar, J.*, Netherlands

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**FC 14: FREE COMMUNICATION**

**PAV. 3 (ROOM 3c)**

**Organisation of Services**

Chairs: Riley, J., United Kingdom; Costantini, M., Italy

08:30-08:45h **FC 14.1:** Costing Palliative Care Services in Romania

*Mosoiu, D.*, Romania

08:45-09:00h **FC 14.2:** Evaluation of the Marie Curie Cancer Care 'Delivering Choice Programme' in the United Kingdom: Controversies, Politics and Evidence

*Payne, S.*, United Kingdom

09:00-09:15h **FC 14.3:** Patterns of Integrated Oncology and Palliative Care (P-IOPC): Shared and Simultaneous Care of Specialist Palliative Care and Oncology

*Strasser, F.*, Switzerland

09:15-09:30h **FC 14.4:** Public Preferences for Place of Death: Results from a European Cross-national Survey

*Gomes, B.*, United Kingdom

09:30-09:45h **FC 14.5:** Outpatient-based vs. Hospital-based Palliative Care in America: A Prospective Comparison of Patient Needs between Service Delivery Locations

*Kamal, A.H.*, United States

09:45-10:00h **FC 14.6:** Palliative Care and Emergency Medicine – A Quantitative and Qualitative Needs Assessment

*Heimerl, K.*, Austria

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_Palliative care reaching out_
08:30-10:00h **FC 12: FREE COMMUNICATION**

**AUDITORIUM I**

Bereavement
Chairs: Ling, J., Ireland; Muszbek, K., Budapest

08:30-08:45h **FC 12.1: RCT of Family Therapy during Palliative Care and Bereavement**
Kissane, D.W., United States

08:45-09:00h **FC 12.2: “Elation” and “Grief”: Stories of Personal Growth Amidst Stress from Parents Caring for a Child with a Life-limiting Illness**
Cadell, S., Canada

09:00-09:15h **FC 12.3: Parents’ Journey through Death of their Child – Rites of Passage?**
Price, J., Ireland

09:15-09:30h **FC 12.4: After the Death of a Newborn Child: A Study of Parental Grieving and Involvement in a Decision on Restriction of Intensive Care (RIC)**
Wermuth, I., Germany

09:30-09:45h **FC 12.5: A Community Based Approach to Supporting Bereaved Children, Young People and their Families – A Ten Year Retrospective**
Monroe, B., United Kingdom

09:45-10:00h **FC 12.6: Supportive Group Psychotherapy for Relatives of Palliative Care Patients**
Fegg, M., Germany

10:30-11:40h **PL 5: PLENARY SESSION V**

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Chair: Neto, I., Portugal

10:30-11:00h **PL 5.1: Primary Care and Palliative Care**
Murray, S.A., United Kingdom

11:00-11:10h **EAPC News – EAPC Research Network & PRC**
Kaasa, S., Norway

11:10-11:40h **PL 5.2: Palliative Care in Europe: The View from Outside In**
De Lima, L., United States

11:40-12:30h **CLOSING CEREMONY**

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Chair: Radbruch, L., Germany

Presentation of the EAPC Award
Announcement of the 7th EAPC Research Congress, Trondheim, Norway
Announcement of the 13th EAPC Congress, Prague, Czech Republic
Batoto Yetu performance
Closing remarks and farewell photo show
Radbruch, L., Germany
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Johnston B.M. (United Kingdom), Maguire R. (United Kingdom), Taylor A. (United Kingdom), Kearney N. (United Kingdom)

P2 Validation of a Four Item Fatigue Screen (FIFS) in Cancer-Related Fatigue (CRF)
Davis M.P. (United States), Seyidova-Khoshknabi D. (United States), Walsh D. (United States), Lagman R. (United States), Karafa M.T. (United States), Axtas A. (United States), Hauser K. (United States)

P3 An Examination of Verbal Descriptors in Cancer Induced Bone Pain
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P4 The VOICES-SF: A New Questionnaire to Measure Bereaved Family Members’ Experience of Palliative and End of Life Care
Hunt K. (United Kingdom), Addington-Hall J. (United Kingdom)

P5 The Development and Introduction of Two Outcome Measures Specifically Designed for Use in Palliative Care Services
Sykes N.P. (United Kingdom), Addington-Hall J. (United Kingdom), Rosanna H. (United Kingdom), Monroe B. (United Kingdom)

P6 Use of Outcome Measures in Palliative Care in Africa: Results of an Online Survey
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P7 The Conceptual Content of Spiritual Measures Validated Cross-culturally in Palliative Care: A Model to Guide Research and Practice
Selman L. (United Kingdom), Harding R. (United Kingdom), Speck P. (United Kingdom), Gysels M. (Spain), Higginson I.J. (United Kingdom)

P8 Building Community-centred Care: Examination of a Palliative Care Network in Ontario, Canada
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P9 “Palliative Prognostic Score, PPS”, an Useful Tool in Clinical Practice?
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P10 What is the Methodological Rigour in Palliative Care and End-of-Life Care Research in Long-term Care Facilities in Europe: A Systematic Review
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P11 Objective and Subjective Measures of Cognitive Function in Patients who Are Prescribed Opioids
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P12 Methodology to Help Collegial Decision-making: Experience after 10 Years Using the DDE (Décision après Démarche Éthique à Decision after Ethical Approach)
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Patients with Advanced Cancer Developing Delirious Symptoms in their Home
Jespersen B.A. (Denmark), Jespersen T.W. (Denmark)

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Chaves A. (Brazil), Lila L. (Brazil), Pimenta P. (Brazil), Silva P. (Brazil), Lima R. (Brazil), Fernandes T. (Brazil), Molinario M. (Brazil)

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Physiotherapy Approaches in Management of Dyspnea in Palliative Care
Molinario M. (Brazil), Fernandes P. (Brazil)
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ROOM 1.13

09:00-09:30h  Opening Presentation
Radbruch, L., Germany

09:30-11:00h  Presentation and workshop- European Models of primary care and their influence on palliative care
Pachmajer, U., Austria; Pype, P., Belgium; van den Eynden, B., Belgium; Abela, J., Malta; Broggard, T., Denmark

11:00-11:30h  Morning Break

11:30-12:00h  Palliative Care Beyond Cancer
Mitchell, G., Australia; Kendall, M.

12:00-13:00h  Presentations and Workshop: Collaboration between primary, hospital and specialist palliative care
Van Rijswijk, E., Netherlands; Mason, B.; Eychmüller, S.

13:00-14:00h  Lunch

14:00-15:30h  Primary PC research and education around the world
Burge, F., Canada; Gomez Batiste, X.; Rhee, J.; Leng, M.; Osman, H., Jordan

15:30-16:00h  Afternoon break

16:00-17:00h  IPPCRG Annual meeting

CLOSED MEETING FOR WP6 EXPERT MEETING AND THE EAPC LONG-TERM CARE FACILITIES TASKFORCE (PART 1)

ROOM 1.06

12:30-16:30h  CLOSED LDI MEETING
ROOM 1.15

14:30-16:30h  TASKFORCE MEETING: PALLIATIVE CARE IN MEDICAL EDUCATION
ROOM 1.04

THURSDAY | MAY | 19th | 2011

ELECTIONS OF THE EAPC BOARD

ROOM 1.08

CLOSED MEETING OF THE PEDIATRICS IN PALLIATIVE CARE TASK FORCE

ROOM 1.02

CLOSED MEETING OF EAPC TASKFORCE ON OUTCOME MEASUREMENT

ROOM 1.03

OPCARE9 (CLOSED MEETING)
SALA 1.04
THURSDAY | MAY | 19th | 2011

12:45-14:15h  CLOSED CONSENSUS MEETING FOR PRISMA / EAPC OUTCOME MEASUREMENT TASKFORCE, MORECARE SCIENTIFIC AND EXPERT COMMITTEE & HEALTH ECONOMICS MEETING
ROOM 1.02

12:45-13:45h  PHYSIOTHERAPY IN PALLIATIVE CARE TASK FORCE MEETING
ROOM 1.03

13:30-14:15h  PSYCHOLOGISTS IN PALLIATIVE CARE CLOSED TASK FORCE MEETING
ROOM 1.07

16:00-18:00h  CLOSED MEETING FOR WP6 EXPERT MEETING AND THE EAPC LONG-TERM CARE FACILITIES TASKFORCE PART 2
ROOM 1.02

17:00-18:00h  CLOSED STEERING GROUP MEETING FOR THE SDO TRANSITIONS TO PALLIATIVE CARE FOR OLDER PEOPLE IN ACUTE HOSPITALS
ROOM 1.03

18:15-19:45h  GENERAL ASSEMBLY OF THE EAPC
AUDITORIUM II

FRIDAY | MAY | 20th | 2011

11:00-12:30h  CLOSED MEETING FOR ALL PRISMA MEMBERS
ROOM 1.02

11:15-14:15h  SPIRITUAL CARE TASK FORCE MEETING
ROOM 1.04

13:00-14:00h  CLOSED MEETING: WHITE PAPER ON DEMENTIA
ROOM 1.15

13:15-14:15h  UNBIASED PROJECT MEETING
ROOM 1.02

13:30-14:15h  CLOSED MEETING OF THE STEERING COMMITTEE MEMBERS OF THE EAPC FAMILY CARER TASKFORCE AND INTERNATIONAL PALLIATIVE CARE FAMILY CAREGIVER RESEARCH COLLABORATIVE (IPCFRC)
ROOM 1.07

SATURDAY | MAY | 21st | 2011

13:00-16:30h  BOARD MEETING IAHPC
ROOM 1.04

14:00-17:00h  EAPC BOARD MEETING
ROOM 1.02
OPENING CEREMONY / CLOSING SESSION

WEDNESDAY | MAY | 18th | 2011

17:30-19:00 OPENING CEREMONY
AUDITORIUM I
Welcome to Portugal
by Carminho Fado singer
Official Welcome
Neto, I., Portugal
Radbruch, L., Germany, President of the EAPC
Official Opening by the President of Portugal
Cavaco Silva, A., Portugal
Opening Ceremonial Lecture by Barbara Monroe
Monroe, B., United Kingdom
Orchestra Tocá Rufar

SATURDAY | MAY | 21st | 2011

11:40-12:30h CLOSING CEREMONY
AUDITORIUM I
Chair: Radbruch, L., Germany
Presentation of the EAPC Award
Announcement of the 7th EAPC Research Congress, Trondheim, Norway
Announcement of the 13th EAPC Congress, Prague, Czech Republic
Reaching out – A Performance
Batoto Yetu Performance
Closing remarks and farewell photo show
Radbruch, L., Germany

THE EAPC MEDIA ROOM

During the congress days Thursday May 19th and Friday May 20th you will have the opportunity to watch a series of selected videos in the media room of at the congress site.
Room number and video schedule will be available on site
TRAVEL GRANTS
TRAVEL GRANTS FOR ATTENDEES OF THE 12TH EAPC CONGRESS IN LISBON, MAY 2011

The International Association for Hospice and Palliative Care (IAHPC) and the European Association for Palliative Care (EAPC) are pleased to announce the winners of Traveling Scholarships to support their travel to the 12th Congress of the European Association for Palliative Care (EAPC) in Lisbon, Portugal May 18-21, 2011.

Both organizations decided to join their grant application and selection process to increase the probability of selecting the best applicants from a varied geographical spread and with different backgrounds.

In total, 72 applications were received which meant that many extraordinary applicants had to be turned down. The committees had a difficult time selecting the final list of grantees and we hope that in the future we will be able to increase the funds to support many more applicants. Many thanks to all those who applied, for their interest and support.

The total list of the 14 grantees selected by IAHPC and EAPC are:

- Alina Conti, Pediatric Palliative Care Fellow at the Hospital Nacional Professor A. Posadas in Buenos Aires, Argentina.
- Elena Sokolova, Head of clinical department and assistant professor at Medical University, in Nizhny, Novgorod, Russia.
- Elizabeth Namukwaya, Specialist registrar, Department of Medicine College of Health Sciences at Makerere University in Kampala, Uganda.
- Gladys Grance Torales, Nurse, Coordinator of Home Care Program, Pallium Latinoamerica in Buenos Aires, Argentina.
- Joseb Abesadze, Head of Palliative Care Programs at the Cancer Prevention Center in Tbilisi Georgia.
- Lidija Vetrovskova Miljkovic, Palliative Care Doctor, Hospice Sue Ryder in Skopje, Republic of Macedonia.
- Maria Fidelis Manalo, Head, Palliative Care Unit, Cancer Center in The Medical City, Ortigas, Pasig City, Philippines.
- Mariana Sporis, Medical Director in "Casa Sperantel" Brasov, Romania
- Marisela Holguin, coordinator of complementary therapies, Centro de Atencion Paliativa de México (CEPAMEX) in Mexico City, Mexico.
- Natalia Carafizi, medical coordinator of hospice service and Institution Charity Foundation for Public Health "Angelus Moldova" in Chisinau, Moldova.
- Serpil Ozsezgin Ocek, Anesthesiology and Reanimation Specialist at Kaskaloglu eye hospital in Izmir, Turkey
- Sheilla de Oliveira Faria, Nutritionist at Sao Paulo Cancer Institute in Sao Paulo, Brazil.
- Tamari Rukhadze, Head of Palliative Care Service/Programs in the National Cancer Centre of Georgia in Tbilisi, Georgia.
- Toma Stefan, Pitesti physical therapist at the University of Pitesti, Romania

The scholarships from EAPC were possible thanks to a grant from the Open Society Foundations.
The EAPC are pleased to announce the outcome of the ‘Young Investigator Award’ competition for 2011. The overall winner is Dr Ralf Jox (Germany) with joint runners up being Dr Saskia Jünger (Germany) and Dr Judith Rietjens (The Netherlands). The Awards Panel of Professor Phil Larkin, Professor Sheila Payne and Dr Sophy Gretton were pleased to receive 18 applications by the deadline. The standard of applications was very high, with a small group of outstanding candidates. Applications were assessed on the published criteria; namely evidence of sustained engagement with research in palliative care, evidence of emerging grant capture, an increasing portfolio of published research papers and other factors that indicate international esteem. The accompanying statements of support were also scrutinised.

The Panel are both delighted and reassured that there are so many excellent emerging researchers who will contribute to the development of palliative care research and practice.

**DR. RALF JOX**  
Interdisciplinary Center for Palliative Medicine  
Munich University Hospital  
Munich, Germany

Ralf J. Jox, MD PhD, is a neurologist, palliative care specialist and bioethicist working at the Interdisciplinary Center for Palliative Medicine and the Institute for Ethics, History and Theory of Medicine at the University of Munich, Germany. He studied medicine in Freiburg and Munich, Germany, and at Harvard Medical School in Boston, USA. He is also a trained philosopher from the School of Philosophy in Munich, completed a postgraduate Master in Medical Ethics and Law at King’s College London, UK, and a PhD in Medical and Health Ethics at the University of Basel, Switzerland. His research activities focus on end-of-life care ethics, neuro-palliative care and neuroethics. In a diverse range of empirical and theoretical studies he explored the process of decision making at life’s end and the idea of redirecting the treatment goal from cure to care. He currently coordinates an international research consortium on the end-of-life ethics regarding patients in the vegetative state.

As the overall winner Dr Ralf Jox will give a plenary lecture in the first plenary session of the congress taking place on Thursday, May 19 from 9h00 to 10h10, titled “The Art of Letting Die”.

**EAPC YOUNG INVESTIGATOR AWARD**

**THE WINNERS OF 2011**

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**DR. RER. MEDIC. SASKIA JÜNGER**  
Department of Palliative Medicine  
University Hospital Bonn  
Bonn, Germany

Saskia Jünger is a health scientist with a specialisation in clinical psychology. After her academic studies in Maastricht (NL) she has been working as a research associate at the RWTH Aachen University Hospital (D), since 2004 at the Department of Palliative Medicine. In 2006 she attained her doctoral degree in theoretical medicine with her thesis on multi-professional cooperation in a palliative care team. In recent years, she has been doing research in different projects with a focus on health services research. Today she works as a research associate at the Department of Palliative Medicine at the University Hospital Bonn (D) and she is project executive officer of an EU-funded project on the access to opioid medication in Europe (ATOME). She co-chairs the EAPC Task Force on Education for Psychologists in Palliative Care. Recently she started her PhD in Health Research at Lancaster University (UK) focusing on consensus building in palliative care within a multinational context.

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**DR. JUDITH RIETJENS**  
Dept. of Public Health  
Erasmus MC Rotterdam, the Netherlands  
and  
End-of-Life Care Research Group  
Ghent University& Vrije Universiteit Brussel, Belgium

Judith Rietjens (1978) works as an assistant professor at the Department of Public Health of Erasmus MC Rotterdam (NL) and at the End-of-Life Care Research Group of the Ghent University& Vrije Universiteit Brussel (BE). She is health scientist by training. In 2010 she was a visiting scholar at Yale School of Medicine in New Haven and in 2005 at the Northwestern University in Chicago. She completed her PhD on the practice of palliative sedation and attitudes of the public and professionals towards end-of-life decisions in 2006. In 2009, she received a VENI grant (Innovational Research Incentives for Academic Excellence) and a EUR fellowship to continue her studies on the practice of palliative sedation. She coordinates the international EAPC recognized UNBIASED study evaluating the practice of palliative sedation in the Netherlands, Belgium and the UK.

Other research interests of Judith are the quality of death and dying, different perspectives on end-of-life decision-making (e.g. international comparisons; comparisons of perspectives of patients, relatives, and healthcare professionals), and media representations of end-of-life decisions.
EAPC POSTER AWARD AND EAPC POSTER PRIZE FOR EASTERN EUROPEAN COUNTRIES

One of the core events of the EAPC congress – the poster exhibition – allows the many faces of palliative care to be shared, as selected abstracts from all disciplines of palliative care, from research to implementation to challenges and solutions, are presented by colleagues from all over the world. The poster exhibition offers a platform to see and discuss achievements, ideas and developments with the stakeholders face-to-face.

THE EAPC POSTER AWARD
To acknowledge the contribution and the efforts of the poster presenters the EAPC will be awarding six outstanding posters with the EAPC Poster Award (3 in each poster set).

The poster evaluation committee formed by David Oliver, Phil Larkin and Per Sjogren will select three outstanding posters in the morning hours of each poster set.

The winners of the EAPC poster prize will be announced in the afternoon plenary session of the same day. The posters themselves will jointly be exhibited on the prominent EAPC poster prize boards.

THE EAPC POSTER PRIZE FOR DEVELOPING COUNTRIES / EASTERN EUROPEAN COUNTRIES
An extra EAPC Poster Prize for Developing and Eastern European Countries will also be awarded. From all the posters from Developing and Eastern European countries in each poster set one poster will be selected as the prize winner. The Poster Evaluation Committee will be supported by Daniela Mosoiu.

The two winners will be announced in the afternoon plenary session of the same day and the posters will be exhibited on the poster prize boards.

AUTHOR PRIZE
The European Association for Palliative Care (EAPC), in collaboration with ‘Advances in Palliative Medicine’ (APM) are happy to announce the winner of the Author Prize.

The prize was announced for specialist colleagues working in the Eastern European countries and was awarded to an applicant who in the opinion of the APM editorial board makes the greatest contribution to the specialty area of palliative care.

The prize goes to Anna Kieszkowska-Grudny for the following paper:

Role of psychological and emotional factors in cancer related fatigue (CRF) syndrome in advanced NSCLC patients undergoing palliative chemotherapy
Anna Kieszkowska-Grudny, Jacek Grudny, Ewa Sierko, Anna Janowicz-ebrowska, Pawe_ Badurak, Marzenna Galar, Marek Z. Wojtkiewicz

The paper was published in the 3/2010 issue of the Advances in Palliative Medicine. The prize will be claimed by the second author Jacek Grudny.
The EAPC would like to thank the donors of the prizes for their generous donations!

Our thanks to WisePress for the donation of 2 copies of Symptom Management in Advanced Cancer published by Palliative Drugs, Ltd.

Our thanks to Sage Publishers for their support in donating 3 free personal online registrations to Palliative Medicine, the EAPC research Journal for one year.

Our thanks to the European Journal of Palliative Care, and its publisher Hayward Medical Communications for the donation of 3 free personal online registrations to the EJPC, the EAPC Journal for one year.

Our thanks to the BMJ group for the donation of 1 free subscription to: BMJ Supportive & Palliative Care.


Our thanks to Open University Press books for the donation of 1 Bonus of £50 for the choice from books published by Open University Press books, part of the McGraw-Hill Companies, for the EAPC Young investigator Award.

Our thanks to Palliative Drugs for the donation of 6 copies of Palliative Care Formulary 3 (the current edition) signed by Robert Twycross and Andrew Wilcock. PCF brings together a wealth of important information about drugs commonly used in palliative care and about drugs for use in special circumstances by, or in conjunction with, a specialist in palliative care. It highlights drugs given for unlicensed indications or by unlicensed routes and deals comprehensively with the administration of multiple drugs by continuous subcutaneous infusion.
IAHPC TRAVEL GRANTS
The International Association for Hospice and Palliative Care (IAHPC) and the European Association for Palliative Care (EAPC) are pleased to announce the winners of Traveling Scholarships to support their travel to the 12th Congress of the European Association for Palliative Care (EAPC) in Lisbon, Portugal May 18-21, 2011.

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OPEN SOCIETY TRAVEL GRANTS
The scholarships from EAPC were possible thanks to a grant from the International Palliative Care Initiative of the Open Society Institute. Due to their generosity travel grants to international delegates to support their participation in the 11th Congress of the European Association for Palliative Care could be provided. The EAPC would like to express their thanks.

The information about the overall 14 grantees and their reports will be published on the EAPC website.
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_Palliative care reaching out_
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## OPENING CEREMONY
Wednesday, 18th May 2011, 17:30-19.00h, Auditorium I

## WELCOME RECEPTION
Wednesday, 18 May 2011, 19.00-20.00h, Pavilion 4 and 5

Participants are invited to the Welcome Reception which will be held in the Lisbon Congress Centre – A friendly and informal atmosphere on which drinks and snacks will be served.
Cost: Included in the registration fee for participants and accompanying persons.

*Please wear your badge.*

## SOCIAL PROGRAM – OPTIONAL TOURS
Tickets for the social program may be purchased subject to availability on site at the tour desk in the Admedictours Desk.
Meeting place for all tours: Lisbon Congress Centre Main Entrance

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### GALA DINNER AT CASINO ESTORIL
Friday, 20 May 2011, 18.30-23.45h

Departure from the Lisbon Congress Centre by bus to the Estoril Coast - Cascais and Estoril - are marketed as the crown of Portuguese tourism, known for the exclusive, luxury hotels, villas and golf courses. Along the coast and beautiful beaches having the Atlantic Ocean as company we reach the elegant Estoril Casino. Relax and exchange experiences with friends and colleagues, while having dinner at the Black and Silver Room of the famous Casino Estoril, followed by the international show. It’s called "Fado - History of a People" and the title does not say anything: because imagination of the genius creator Filipe La Feria went further than the mere restoration of the roots of Fado, which germinated seed in the soul of a people over centuries of its history. A fantasy made to serve a "total entertainment" in the vanguard of technical resources of the Black and Silver Lounge is exploited to the limit.

**Price per person:** € 90 (Dinner and Show included). Places are limited.

**Dress code applies:** trainers not allowed. Access to the Casino min 18 years

**Meeting place:** Lisbon Congress Centre Main Entrance

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# SOCIAL PROGRAMME
MONUMENTAL LISBON
19.MAY.2011

MONUMENTAL LISBON
Thursday, 19 May 2011, 09.00-13.00h

We depart from the Lisbon Congress Centre for the historical quarter of Belém where you will find some of the most remarkable monuments from the 15th and 16th centuries. Brief stop at the Belém Tower - world heritage by UNESCO (Torre de Belém) and at the Monument to the Discoveries (Monumento das Descobertas), that celebrates the Portuguese who took part in the Discoveries. Visit of the Hieronymites Monastery Church (Mosteiro dos Jerónimos). Classified by UNESCO as World Heritage, this monument is a masterpiece of the “Manueline” style. The tour will continue along the river towards the old quarter of Alfama, with its typical streets. Walk up until St Jorge Castle where you will have one of the most beautiful views over the city. Return by bus to the Lisbon Congress Centre.

Price per person: € 32
This tour is included on Accompanying person registration fee

Meeting place: Lisbon Congress Centre Main Entrance

SINTRA AND ESTORIL COAST TOUR
20.MAY.2011

SINTRA AND ESTORIL COAST TOUR
Friday, 20 May 2011, 09.00-13.00h

Departure from the Lisbon Congress Centre by bus to Sintra. This village was described by Lord Byron as “Glorious Eden and is classified by UNESCO as World Heritage Site. Visit of the National Palace, distinguished by its conical twin kitchen chimneys. Time free in the village’s centre and to taste the famous “Queijadas” a typical pastry. On to the Roca Cape, the western most point of Continental Europe. Stop for you to enjoy the fantastic landscape and take some photos. The tour will continue to the small historical centre of Cascais where the fishing tradition of the past still subsists. Return to the Lisboa Congress Centre, passing by Estoril with its gardens and Casino.

Price per person: € 32

Meeting place: Lisbon Congress Centre Main Entrance
ÓBIDOS, BATALHA AND FÁTIMA TOUR
Saturday, 21 May 2011, 08.30-17.30h

We depart from the Lisbon Congress Centre to the charming medieval town of Óbidos. Lying 100 km north of Lisbon it is without doubt one of Portugal’s most classic walled settlements. Enjoy a walk on its narrow cobblestone streets with whitewashed houses: St. Mary’s Church, the Castle and the typical local bars where it is possible to taste a cherry brandy — “Ginginha”. We will continue to Nazaré, probably the most famous fishing town in Portugal. Proceed to Batalha and visit the Monastery of Santa Maria da Vitória, a masterpiece of late Gothic and Manueline architecture. On to Fatima, one of the most important Catholic centers of pilgrimage. Visit the Sanctuary including the little Chapel of the Apparitions and also the impressive Basilica. Return to the Lisbon Congress Centre after the visit.

Price per person: € 87 (Lunch included)

Meeting place: Lisbon Congress Centre Main Entrance

ÉVORA TOUR
Saturday, 21 May 2011, 08.30-17.30h

Departure to Évora, the capital of the Alentejo province and classified by UNESCO as a World Heritage Site. The “City Museum” is rich in history and is the home of one of the most well-preserved old town centers. Within its medieval walls, we will see the Roman Temple, the Évora University (exterior) and the Bones Chapel. With its diverse heritage, Évora has plenty to offer visitors. Time free to take a walk along its charming streets. Return to Lisbon Congress Center.

Price per person: € 75 (Lunch included)

Meeting place: Lisbon Congress Centre Main Entrance
TICKET SHOW FADO IN CHIADO

Saturday, 21 May 2011, 19.00-19.50h

Live Fado! It isn’t Folk, it isn’t Blues, it isn’t Soul – it’s world music from Lisbon, unique in the Universe. Voices that sing Fado to the sound of the Portuguese guitar. “Fado in Chiado” meets tradition in Lisbon’s historical center. Come and listen and feel today, the voice of the Portuguese soul.

Price per person: € 15 (Places are limited).

TICKET ONLY, TRANSFERS NOT INCLUDED.
IF YOU WISH TO BOOK THIS SHOW ON A DIFFERENT DAY PLEASE CONTACT US.

Notes for all Tours:

- Rates are in Euros (€) including VAT and taxes.
- Reservation requests will be confirmed on a first come, first served basis.
- All tours departure from, and return to, the Congress Centre, and will be accompanied by an English speaking official guide.
- It is not possible to refund tickets in the case of cancellation or failure to arrive on time.
OPENING HOURS OF THE SLIDE DESK, ROOM 1.09 & 1.14

Wednesday, May 18th: 08:00-18:00h
Thursday, May 19th: 07:30-18:00h
Saturday, May 20th: 07:30-18:00h
Sunday, May 21st: 07:30-12:00h

CONGRESS LANGUAGE

English

It is not possible to bring your presentation directly to the lecture hall. All presentations have to be delivered at the Slide Centre. In the Preview-Centre our competent technical staff will be at your disposal.

For the Workshops presentations please contact the Secretariat in loco.

INSTRUCTION FOR SPEAKERS

Speaker Ready Room / Slide Desk / Speaker Preview Room / Slide Center

All presentations will be supervised by the centralized Slide Desk operated by iwaytrade. Here, the material for presentation must be delivered by the speakers at least 3 hours before the afternoon session or the day before (not later than 6 p.m.) in the case of the morning sessions. Slide Desk staff will assist the speaker for any problem concerning her/his presentation.

The facilities in the Slide Desk will provide the possibility of:
- Reviewing your PowerPoint presentation
- Last minute changes of your PowerPoint presentation
- Support by technical staff
- Uploading your PowerPoint presentation for the dedicated session Conference room

POWERPOINT PRESENTATIONS GUIDELINES

PowerPoint projections will be available in all the conference rooms. The Microsoft PowerPoint 97-2007 version of PowerPoint will be used for the presentations.

Equipment for projection of slides or transparencies will not be available in the conference rooms.

Usage of personal laptop computers is not allowed.

All presentations can be checked in the Slide Desk and will be copied automatically to the correct Conference room. You will easily find your presentation at the lectern installed laptop in your Conference room.

1. Videos and pictures must be located in the same folder of the PowerPoint presentation. Moreover, they need to be copied in the folder before they are inserted in the presentation.
2. The videos included in the presentation shall have the following extensions: .avi, .mpeg, .mov, .wmv.
3. For MAC-Users: Export your Keynote presentation to MS PowerPoint. Be aware of the need to edit/reformat the presentation - fonts, images and charts. For embedded movies please use the possibility of “Quicktime” to save the movie in “*.mpeg 1(2)”, or “*.avi” format. Please try out the proper functionality of your presentation as soon as possible in the Slide Desk.
4. Please use Microsoft PowerPoint 97-2007 (*.ppt), to guarantee your presentation will open successfully on an on-site PC. We recommend that you save your PowerPoint presentation using PPT format or PPS.
5. Only fonts which are included in the basic installation of MS-Windows will be available (English version of Windows). Use of other fonts not included in Windows can cause the wrong layout/style of your presentation.
6. JPG, GIF, BMP compressed images are the preferred file format for inserted images (other types of extensions will be accepted as well, provided that they are recognized by PowerPoint).
7. Supported data medias for downloading presentations are: CD, DVD (as Data-storage-medium) and USB-Memory (Stick). Please note that Floppy Disks are NOT supported.

You can move slides during your presentation on your own using a pointer wireless mouse or the arrow keys of the keyboard.

All speakers whose presentations do not comply with these guidelines are kindly requested to contact the Slide Desk as soon as possible.
POINTER PRESENTATION GUIDELINES

Please notice the following when preparing your poster:

• Poster dimensions should not exceed 94 x 240 cm (width/height) - (common poster size is ca. 90x120 cm)
• State the title and the authors at the top of your poster in easily readable bold letters
• Indicate the presenting author if different from the first author
• The text and the illustrations should be readable from a distance of 2 meters

Time schedule

The posters will be organised in two sets. In the letter you have received it states in which set your poster will be presented. Please also check online at: www.eapc-2011.org.

Poster Set 1
Set up: Thursday 19th May, 08.00-09.00h
Removal: Thursday 19th May, 18.00-18.30h

Poster viewings:
• Thursday 19th May, 10.30 – 11.00 (authors present at posters)
• Thursday 19th May, 12.30 – 14.30
• Thursday 19th May, 15.40 – 16.30 (authors present at posters)

Poster Set 2
Set up: Friday 20th May, 08.00-09.00h
Removal: Saturday 21st May, 08.30-09.00h

Poster viewings (authors present at posters):
• Friday 20th May, 10.30-11.00h (authors present at posters)
• Friday 20th May, 12.30-14.30h
• Friday 20th May, 15.40-16.30h (authors present at posters)

The presence of authors at their posters

The presence of authors at their posters will be required only during the coffee breaks, in order to permit presenters to visit and discuss the work of others.

Poster discussion sessions

Selected posters will be presented in poster discussion sessions. Two experts will discuss and comment the posters and involve the authors in the discussion. The authors of the selected posters are requested to attend those sessions and provide for four (power-point) slides resuming their poster.
REGISTRATION / HOTEL BOOKING

REGISTRATION

On-Site registration for the congress is possible during the opening hours of the registration desk. Payment can be made in cash or by credit card.

REGISTRATION FEES

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<tr>
<td>EAPC and ESMO Members (a) * - other professions</td>
<td>€ 420</td>
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<tr>
<td>Non-members - physicians</td>
<td>€ 685</td>
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<td>Non-members - other professions</td>
<td>€ 535</td>
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<tr>
<td>Participants from countries with &quot;Low and Lower-middle-income economies&quot; (based on the classification system of the World bank) **</td>
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<td>Students (Only undergraduate)</td>
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<td>Accompanying persons</td>
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* Please indicate your membership number (individual members) or the abbreviation of the Association (collective members). You will find a list of our members at: http://www.eapcnet.org/Howtojoin/memberscolllist.html

** Please find the list of supported countries at: http://go.worldbank.org/D7SN0B8YU0

HOTEL BOOKING

Hotel booking is only possible subject to confirmation via Ad Médic Tours: Please contact our desk on site.

For questions concerning your existing hotel booking via Ad Médic Tours: please contact the registration counter on site.

For more informations please contact:

Ad Médic Tours: Paula Gomes

E-mail: ana.pais@admedic.pt
paula.gomes@admedictpot
ACCESS TO THE CONGRESS CENTER

Shuttle Service
The daily Shuttle service to and from the Lisbon Congress Center will be available during Congress days.
Lisbon Congress Centre is located in an area served by many alternative means of transportation.

By Táxi
Taxis in Lisbon are beige and usually have the word TAXI on top. Taxi fares are calculated on the basis of an initial flat charge of around 2.5 Euros and the distance is metered from then on. In addition, if the taxi has been called out, rather than hailed in the street there is a small surcharge. If luggage is carried, a surcharge is charged. Meters are displayed in all licensed taxis, along with the driver’s identity card.

Buses and Tram
**Bus number 727:** Roma-Areeiro / Restelo
Leave at Rua da Junqueira (Centro de Congressos) bus stop.

**Bus number 56:** Olaias - Praça das Indústrias
Leave at last bus stop Rua da Junqueira (Centro de Congressos)

**Bus number 28:** Portela – Restelo
Leave at Hospital Egas Moniz/Av. da Índia Stop

**Tram nº 15:** Praça da Figueira – Algés
Leave at Rua da Junqueira (Centro de Congressos) Stop

**OTHER INFORMATION**

**Food and Drinks**
There is one restaurant and snack areas in the Congress Center, as well as several restaurants within walking distance and overlooking the river.

**Bank Services**
ATM machines for cash withdrawals are spread all over the city. This service is also available at the Lisboa Congress Centre. A bank service will also be available within 5 minutes walking distance from the CCL.

**Smoking Policy**
Smoking is strictly prohibited inside the Congress Centre.
GEOGRAPHICAL SITUATION
Lisbon is the capital of Portugal and lies on the north bank of the Tagus Estuary, on the European Atlantic coast. It is the westernmost city in continental Europe. Greater Lisbon has an area of approximately 1,000 km². The city lies more or less in the centre of the country, approximately 300 km from the Algarve in the south and 400 km from the northern border with Spain. Lisbon offers a wide variety of options to the visitor, including beaches, countryside, mountains and areas of historical interest only a few kilometers away from the city centre.

LANGUAGE
Portuguese is Latin in origin and the third most widely spoken European language in the world. It is the mother tongue of about 200 million people. Portuguese is the official language in several countries: Angola, Cape Verde, Guinea-Bissau, Mozambique, São Tomé e Príncipe in Africa, and Brazil in South America. In Portugal itself a considerable number of people can understand and communicate in foreign languages.
CLIMATE
Due to the influence of the Atlantic Ocean, Lisbon has a pleasant climate throughout the year. The agreeable temperatures in the summer months are an open invitation for a walk by the river, or to spend an afternoon in one of the many street cafés to be found all over the city. Although the temperatures may fall somewhat in the autumn and winter months, sunshine is almost always a constant feature.
Lisbon weather in May
Maximum: 22°C / 72°F  Minimum: 13°C / 55°F

DEMOGRAPHICAL INFORMATION
Approximately 600,000 people live in Lisbon. However, if one includes the various satellite towns, the population of Greater Lisbon rises to approximately 1.9 million people.

RELIGION
Portuguese culture is greatly influenced by religion. Although Catholicism predominates, other religions may be freely practiced.

ELECTRICITY
Voltage: 220/380 volts at a frequency of 50 Hertz. All sockets follow European standards. To use American-type plugs, a 220-volt transformer should be used together with an adapter plug.

CURRENCY
The unit of currency in Portugal is the Euro €.

SCHEDULES
Opening hours in Portugal are similar to those in the rest of Europe. The visitor has access to all normal services at any time of the day and on all days of the week - not only in Lisbon, but also in the rest of the country. Pharmacies keep the same opening hours as the rest of the shops but, in order to guarantee 24-hour service, some stay open after 7 p.m. Generally speaking, restaurants are open for lunch from 12 noon to 3 p.m and for dinner from 7 p.m. to 10 p.m. Cinema showings begin at around lunch-time, and at some cinemas there are sessions until 2 a.m. Theatres and other shows usually start between 9 p.m. and 10 p.m.

WORKING HOURS
Buses: Every day 6.30 a.m. - 12 p.m./10 a.m.
Banks: Mon-Fri 8.30 a.m. - 3 p.m.
Shopping Centres: Every day 10 a.m. - 12 p.m.
Shops: Mon-Fri 9 a.m. - 1 p.m. and 3 p.m. - 7 p.m. Sat 9 a.m. - 7 p.m.
Embassies: Mon-Fri 9 a.m. - 3 p.m.
Post Offices: Mon-Fri 8.30 a.m. - 6.30 p.m.
Pharmacies: Mon-Fri 9 a.m. - 1 p.m. and 3 p.m. - 7 p.m. also: 24 hour (night) service
Meal times: Lunch: 12 a.m. - 2 p.m.
Dinner: 8 p.m. - 10 p.m
Underground: Every day 6.30 a.m. - 1 a.m.
INFORMATION ABOUT LISBON

ABOUT LISBON

TIME ZONES
(GMT/UTC GMT/UTC +1 in Summer)

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EQUIVALENT MEASURES

1 cm = 0.39 inches
1 metre = 39.37 inches / 3.28 feet / 1.09 yards
1 km = 0.62 miles
1 inch = 2.54 cm
1 foot = 0.39 metres/12 inches
1 yard = 0.91 metres
1 mile = 1.60 km
1 sq. foot = 199 sq. inches / 0.0929 m²

LISBON SUBWAY NETWORK

Get more information about Lisbon at www.visitlisboa.com
ACKNOWLEDGEMENTS TO SPONSORS

International Journal of Palliative Nursing
ARCHIMEDES PHARMA
Archimedes Pharma is an international specialty pharmaceutical company focused on marketing specialist products in the oncology, pain, neurology, and critical care sectors in Europe and the US. Archimedes’ lead product is PecFent®, an innovative fentanyl nasal spray developed for breakthrough cancer pain utilising our proprietary gelling technology (PecSys®). We look forward to meeting with you during the EAPC at our booth and symposium.

ASSOCIATION FOR PALLIATIVE MEDICINE
The APM promotes the advancement and development of palliative medicine and represents physicians at all grades who work in the specialty. It has over 1000 members in the UK, Ireland and overseas.

BMJ JOURNALS
Just launched in April 2011, BMJ Supportive & Palliative Care is an international peer review journal for clinicians, researchers and other healthcare workers in all clinical services where supportive and palliative care is practised.
Published quarterly in print and continuously online, the journal is owned by BMJ Group and is an official title of the Association for Palliative Medicine and the Australian and New Zealand Society of Palliative Medicine. We welcome submissions in all areas of supportive and palliative care, visit our stand to find out more. spcare.bmj.com, BMJ Journals

CEPHALON
Cephalon is an international biopharmaceutical company committed to the research and development of innovative drugs in fields such as central nervous system, oncology and pain. In 2008, Cephalon launched in Europe its new rapid-onset opioid – using the OraVescent technology – indicated for the treatment of breakthrough pain in adults suffering from cancer and already receiving maintenance opioid therapy.

GE HEALTHCARE
GE Healthcare provides transformational medical technologies and services as well as professional consulting services that are shaping a new age of patient care. Our broad range of products, service and expertise in medical imaging and information technologies, medical diagnostics, patient monitoring systems, performance improvement, drug discovery, and biopharmaceutical manufacturing technologies is helping clinicians around the world re-imagine new ways to better diagnose, inform, monitor and treat cancer, heart disease, neurological diseases and other conditions earlier.

GRÜNENTHAL GMBH
The Grünenthal Group is an independent family-owned international research based pharmaceutical company headquartered in Aachen, Germany. Building on its unique position in pain, its objective is to become the most patient-centric company to be a leader in therapy innovation. Grünenthal products are sold in more than 100 countries. More information: www.grunenthal.com

INTERNATIONAL JOURNAL OF PALLIATIVE NURSING
Since its launch in 1995, International Journal of Palliative Nursing (IJPN) has been committed to promoting excellence in palliative and hospice care. The journal delivers high-quality, peer-reviewed articles that address both holistic patient-centred and scientific aspects of the field, and keeps nurses abreast of the latest developments in policy and practice with the help of its distinguished international Editorial Board. Please visit us in Pav.5 for a complimentary copy.

MUNDIPHARMA
Mundipharma is one of the Purdue/Mundipharma/Napp independent associated companies - privately owned companies and joint ventures covering the world’s pharmaceutical markets. The companies worldwide are dedicated to bringing to patients with severe and debilitating diseases the benefits of novel treatment options in fields such as severe pain, rheumatoid arthritis, haematology-oncology and respiratory disease.

PALLIATIVE CARE RESEARCH SOCIETY
The PCRS is dedicated to promoting research into all aspects of palliative care and facilitating its dissemination. Members are drawn from many professions including, medicine, nursing, social work and AHPs.

PROSTRAKAN GROUP
ProStrakan Group plc is a rapidly growing specialty pharmaceutical company engaged in the development and commercialisation of prescription medicines for the treatment of unmet therapeutic needs in major markets.
ProStrakan’s head office is located in Galashiels in Scotland. The company’s development capabilities are centered in Galashiels and Bedminster, New Jersey, USA. Sales and marketing of ProStrakan’s portfolio of products are handled by commercial subsidiaries in the UK, US, France, Germany, Spain, Italy and other EU countries.

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SAGE is a leading international publisher of journals, books, and electronic media for academic, educational, and professional markets. Since 1965, SAGE has helped inform and educate a global community of scholars, practitioners, researchers, and students spanning a wide range of subject areas including business, humanities, social sciences, and science, technology and medicine. An independent company, SAGE has principal offices in Los Angeles, London, New Delhi, Singapore and Washington DC. www.sagepub.co.uk

WISEPRESS
Wisepress.com, Europe’s leading conference bookseller, has a complete range of relevant books and journals including the Textbook of Interdisciplinary Pediatric Palliative Care, which can be purchased at the stand or, if you would rather not carry them, posted to you – Wisepress will deliver worldwide. We also have a comprehensive medical and scientific online bookshop with great offers.
# LIST OF EXHIBITORS

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